



**Summer Fun  
With the  
Mahoosuc Kids!**  
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# The Bethel Citizen

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Serving Bethel and neighboring communities in the mountains of western Maine



**STATE CHAMPS**-The Bethel Junior American Legion baseball team won the state championship Monday in a game played at the University of Southern Maine. Pictured are, front: Jack Morton (S. Paris), Matthew Bennett (Bethel), Curtis Gauvin (Rumford), Jacob Beauchesne (Rumford). Back: Coach Todd Wheeler, Jake Kraske (Hartford), Josh Eliot (Bethel), Keegan Jones (Stoneham), Blake Letourneau (Berlin, N.H.), Marcus Wentworth (Bryant Pond), Nick L'Heureux (Bridgton), Mason Henley (Bryant Pond), Tanner Wheeler (Bethel), Coach John Eliot, Caleb Clarke (Bethel), Hunter Day (Lovell), Coach Skip Bennett. Not pictured: Duncan Forbes (Bethel), Isaac Ballderrama (Berlin, NH). *Kelly Beauchesne*

## Bethel team state champions

The Bethel Bobcats defeated a tough team from Westbrook Monday 6-5 in extra innings to claim the 2015 American Legion Junior League State Championship (ages 13-15).

Marcus Wentworth started on the mound for the Bobcats.

"He was throwing strikes and did his job through three innings. Westbrook put a run on in the first from good hits and we gave them one in the third," said Coach John Eliot.

When the Bobcats came to bat in the bottom of the third they found themselves down 2-0. Hunter Day got things started with a base hit and stole second. Tanner Wheeler followed with a hit to drive him in. Caleb Clarke singled to put runners on first and second. Mason Henley hit a deep ball that moved Tanner over to third. Caleb stole second and then Josh Eliot drove them both in with a

base hit.

"Textbook offense and we took the lead 3-2," said Eliot.

In the fourth, Westbrook got a run off relief pitcher Jacob Beauchesne to tie the game. They would take the lead in the fifth and make it a 5-3 Westbrook game.

The Bobcats got one of those back off a double from Tanner Wheeler in the bottom of the fifth. He then took the mound in the top of the sixth.

The score remained 5-4 Westbrook until the bottom of the seventh. With one out, Mason Henley drew a walk and stole second. The Bobcats gave up another out, but Mason stole third. Two outs, bottom of the seventh, and Jack Morton drove a base hit to right, scoring Mason to tie the game.

The game went to extra innings. With good pitching and defense, the Bobcats held Westbrook in the

eighth. In the bottom of the eighth, Nick L'Heureux led off with a towering double to the left field fence. He stole third on Matthew Bennett's attempted bunt. Westbrook intentionally walked Bethel's number two and three hitters - Hunter and Tanner - loading the bases. Caleb Clarke then came to the plate and hit a sacrifice fly to right, scoring Nick for the win.

The team is coached by Eliot, Todd Wheeler and Skip Bennett. The coaches said, "We were the underdogs all the way, but got it together when it really mattered and ended up beating some really good teams."

The Bethel Bobcats will now travel and represent Maine in the Northeast Regional Tournament in Rhode Island. They have begun fundraising for this unexpected trip. Anyone who wishes to help is asked to contact Head Coach Skip Bennett at 890-8546.

## Trail work stopped on BWD land

BY ALISON ALOISIO

Recreational trail construction on Bethel Water District land has stopped, after an attorney for Daisy Bryant Road residents sent letters to the town and the Mahoosuc Pathways nonprofit telling them to "cease and desist" from using the road for access to the adjacent Bingham Forest.

Bethel Town Manager Christine Landes said Monday that in light of the situation, the work was stopped in order to be "good neighbors."

The two letters, one to Landes and the other to Mahoosuc Pathways, were sent July 16 and 23, respectively, from Attorney Robert Kline of Kline Law Offices LLC of Portland. He is representing some residents of the Daisy Bryant Road.

They have objected to the recent use of easements on the one-lane dirt road to access recreational trails under construction on land still owned by the Bethel Water District and, potentially, on the town's 2,300-acre Bingham Forest land as well. Mahoosuc Pathways has been contracted to do the trail work.

The residents have said the BFA did not contact them prior to starting use of the road for

See Trail, Page 3

## Ellis River Riders Club turns 30

BY ALISON ALOISIO

The Ellis River Riders horse club of Andover is celebrating its 30th anniversary this year.

It has made it this far because its members are flexible and resourceful, and because it has had the support of the larger community, according to Vice President Deb Cayer.

The property the club leases on Airport Road boasts a riding arena, announcer's booth, snack building, barn and picnic pavilion.

Cayer is one of the club's founding members.

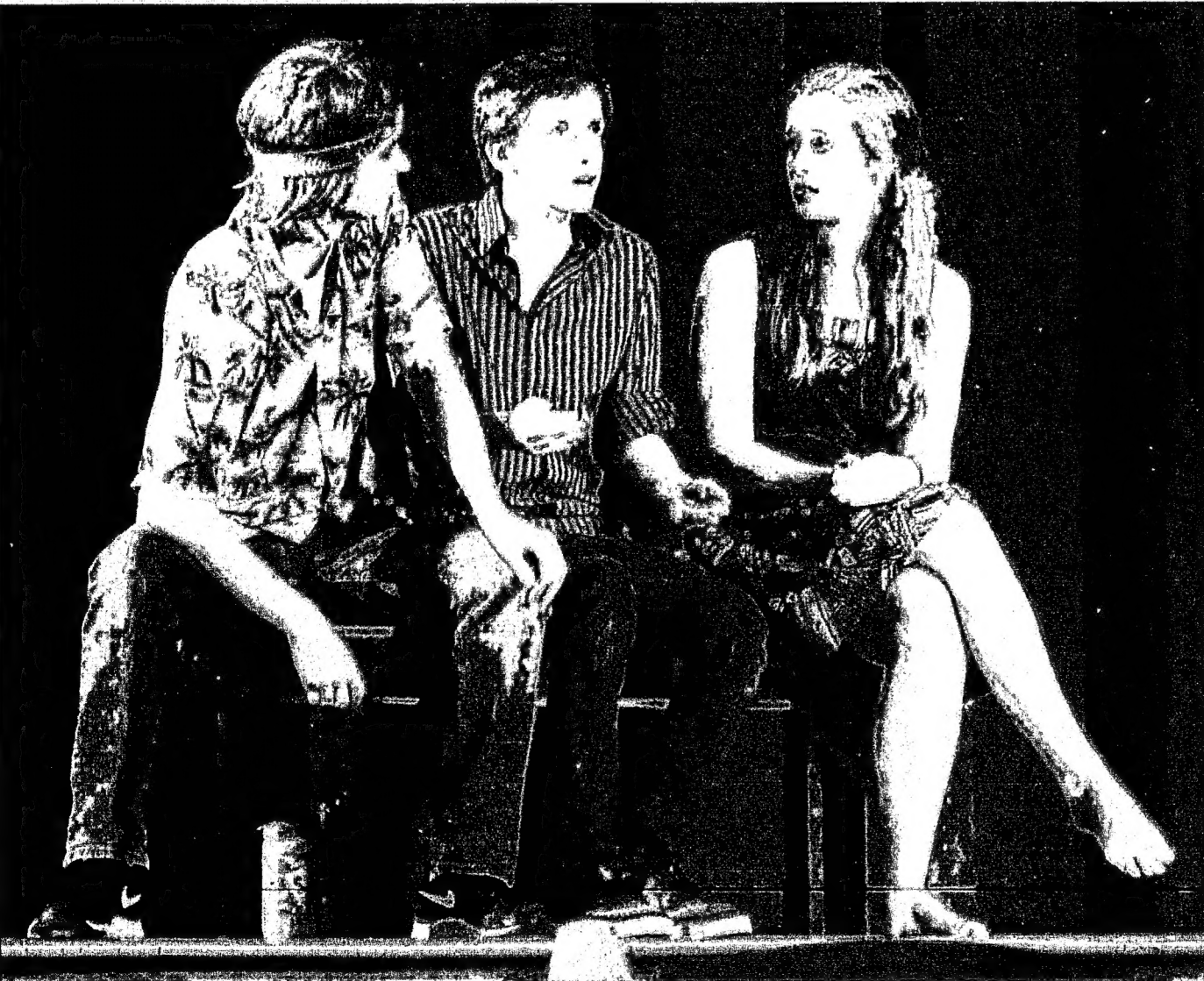
"It started with a local group of horse owners," she said. "We thought it would be cool to have a club."

At first they met in each other's homes to plan activities, most of which were trail rides.

There were a few riders interested in horse shows also, so they began traveling to other small clubs to do that.

With interest growing generally, said Cayer, "we thought we should look for a property for a riding ring. We realized that the Pineland Ski Club had property that had been stipulated could only be used for recreation."

See Riders, Page 3



**A VERY POTTER MUSICAL REHEARSAL**-The Bethel Community Theater will present its first production, "A Very Potter Musical" on Aug. 6, 7, and 8 at Telstar High School at 7 p.m. Admission is free, and doors open at 6:30 p.m. Seats may be reserved at <https://avpm.eventbrite.com/>. Seating is General Admission, so come early for best seating. Pictured here at a rehearsal last week are, from left: Reed Thurston (playing Ron Weasley), Christian Figaratto (Harry Potter) and Anneliese Smith (Hermione Granger). For a cast photo, see Page 4. *A. Aloisio*

## Healthy Communities gatherings explore local possibilities

BY AMY WIGHT CHAPMAN

What does a healthy community look like? What differentiates a restorative community from a "stuck" community? How can we learn to disagree without being disagreeable?

Healthy Community Gatherings, a series of conversations based on these and other topics, are currently taking place twice a month, on the second and fourth Tuesdays, and are open to anyone who would like to join in.

"Our purpose is to have conversations that matter," said Tamara Ben-Kiki, who facilitated last week's HCG at Crescent Park School.

"The concept is to gather, and the action is sharing, listening,

See Healthy, Page 4

## Bethel Recreation Soccer

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## This Weekend - The Maine Comedy Festival!

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## Letters

### ADVICE TO BIKERS

To the Editor:

I have been riding bicycles off and on for about 65 years both on country roads in Maine and elsewhere. During the past 55 years I have driven private motor vehicles in cities and towns in 50 American states, eight or 10 Canadian provinces and a few Mexican border towns. The one observation I have about bicyclers is that they are almost always the smallest vehicles on the roads and just about the most unpredictable in traffic. Being the smallest, they are predictably the most vulnerable vehicles in cases of accidents with other vehicles. While they are subject to many of the same traffic laws as motor vehicles, they may be right to claim the right of way in many circumstances, but they may easily be DEAD right.

My rule of thumb when riding a bicycle is to assume motor vehicle drivers probably don't see me, and since the laws of physics rule that the biggest and heaviest vehicle will always dominate a smaller one, I always give the motor vehicle the right of way. To do otherwise is to invite disaster.

Conversely, as driver of a motor vehicle, I try to anticipate that bicyclers will probably do the unexpected when I approach them. I slow down and give them extra room to pass. I also tend to cuss under my breath and experience the urge of road rage when I see two or more bicyclers weaving around, riding two or more abreast and otherwise ignoring the respect due other users of the highway. I sympathize with truckers and bus drivers who are frustrated by dumb bicyclers who do stupid things that endanger their own lives and interfere with others who have a job to do on the same roadway.

Richard Grover  
Mason

### MUSIC WITHOUT BORDERS THANKS THE BETHEL COMMUNITY

To the Editor:

On behalf of Tamara Poddubnaya, Artistic Director of Music without Borders International Piano Festival at Gould Academy, I thank the Bethel residents and the many "summer people" for their warm welcome during the four-week Festival season. The final concert of this ninth season was before a full house in McLaughlin Science Center's auditorium on Saturday evening, July 25.

This season, over a dozen students from five countries came for intensive study with Professor Poddubnaya and presented nearly two dozen free recitals, including senior student recitals, a guest artist concert, a faculty recital, and an afternoon "piano marathon." In addition, students played during the early Friday dinner hour at the Bethel Inn and for Sunday services at the West Parish Congregational Church. Throughout, the respectful attention of our audiences never failed to reward the students.

Music without Borders is successful because of the dedication and hard work of its talented participants, Professor Poddubnaya's insistent and dynamic teaching, AND the many kindnesses of the Gould Academy staff and members of the Bethel community, whose legendary Maine hospitality has only grown over the seasons. The students fall in love with Bethel and its people.

At the risk of overlooking someone, I mention the special assistance of several people: Deb Costello provided campus administrative support. Brian Scheidegger and the Ordway Dining Center staff prepared lunches and many wonderful dinners. Gould's information technology experts, Jason Chase and Matt Murphy, were generous with their time in helping us solve communications and printing problems. There were trips for swimming, kayaking, and fishing—welcome breaks from the many hours spent at the piano.

Tineke and Marvin Ouwinga, Carlie Casey, Charleen Chase, and Lynne and Bud Kulik worked their magic with all sorts of things for yet another season. Tineke coordinated home hospitality: delicious meals and good fellowship—and, yes, some piano playing, wherever there was one—offered by Jean and Brendan Bass, Rosemary and John Laban, Lorie and Mike Hoeh, Elaine and Dutch Dresser, Mary Haberman and Marilyn Sahlberg, Tineke and Marvin Ouwinga, and Charleen Chase and Carley Casey. Charleen Chase and Mary Haberman graciously provided lodging for visiting parents, when we temporarily exceeded the bounds of both Vogt House and Park Street House.

Tineke, Lynne, and Bud served as our ushers for the recitals, greeting friends and welcoming the many newcomers we see each season. Sally Taylor and Sally Stevens brought flowers to dress our stage. In what has become a Festival tradition, after the final recital, Tamara and the students assembled at Stan Howe's for late-evening desserts. Many people generously donated funds to support the considerable costs of piano preparation and maintenance, as well as help with tuition costs for several students.

Professor Poddubnaya plans to return to campus for master classes and Steinway Series recitals with one or two of her students during the regular school year. Notices of these special events will go out to our growing e-mail list (Request to be on this list at dchristie@roadrunner.com) and also appear in the Citizen and on the Gould Academy website www.gouldacademy.org.

Tamara Poddubnaya, the Festival students and their families, and I thank all who helped make this ninth season of Music without Borders so successful.

Donald Christie, Jr.,  
Spirited Volunteer on Behalf of Music without Borders  
Gray

### RESPONSE TO 'FROM THE STATE HOUSE'

To the Editor:

I do not doubt that Rep. Head hopes for the eventual release of Land for Maine's Future funds. Her rationale for supporting Gov. LePage's veto of LD 1378, however, would have us be totally gullible, to a degree that makes it impossible not to respond.

She describes how "...LD 1378 was a last minute attempt to re-write the existing bond authorization process and would result in a dramatic shift away from the safeguards and oversight which have been in place for many, many years."

The legislators who fashioned this bill are intelligent, well-educated men and women, and they are hardly blind to the Governor's motives. The reason for LD 1378 is that the governor refused to release the bonds by holding them hostage to his demand to encourage more timber harvest on state lands. A bipartisan legislature saw no other means of following the overwhelming voice of the voters to fund the Land for Maine's Future projects. The governor was the one attempting to re-write the bond authorization process, and LD 1378 was the only attempt left to maintain its integrity.

She goes on to say: "Here is the problem: by removing the chief executive oversight, our credit rating will be threatened..."

The legislature has correctly observed that the Governor's agenda is primarily focused on centralizing his political power. "Oversight" in its positive meaning of balanced, rational consideration has been conspicuously absent. His veto tantrums tell the obvious tale. He thinks it is appropriate to thus emasculate a Legislature he finds inconvenient. It is not governance; it is thug politics. That behavior is what threatens the state's credit rating.

But the most callous argument discredits the State Treasurer, Terry Hayes, and her office: "We need also to keep in mind that the entire bonding process should be overseen by more than one person, which under LD 1378 would be the State Treasurer. The State Treasurer is a political appointment, and the qualifications for the position are minimal."

It's a spirit fearing its own weakness that seeks to gain power by belittling another. It just empties the discussion of substance to disparage the office by publically dumbing it down and calling it "a political appointment" when the Governor himself has demanded that he should be the one to do just that, make the Attorney General and, as of January, 2015, that same State Treasurer his appointees. That hardly makes his "oversight" seem rational, indispensable, or trustworthy.

It is worth noting that the State Treasurer was in fact nominated by legislative Republicans, with some Democrats, and defeated a Democratic incumbent. The first Independent to hold that office, her goals of public access to information about how state bond money is spent and greater overall transparency seem to suggest she is ahead of the curve the Governor operates on, not behind it, as his supporters would like us to believe. Her degree in government from Bowdoin may also offend his conservative cadre because her qualifications are the equal of his own, and she doubtless thinks for herself in the defined and complex roles of her office. Perhaps that further explains why it is not difficult to see what is going on here, and it has very little to do with democracy. "Executive oversight" is simply used as a thinly veiled euphemism for authoritarian state government.

Frankly, I am disinclined to imagine Rep. Head using these arguments. Their tone suggests their sources were the Tea Party and the Maine Heritage Policy Center. Whatever the sources, the stated rationale for supporting Governor LePage's veto of LD 1378 simply distorts and obscures what is really going on in Augusta.

Dick Taylor  
Bethel

### A REVIEW OF THE RULES OF THE ROAD FOR BIKES AND MOTORISTS

To the Editor:

The Town of Bethel is to be congratulated for its efforts to promote cooperation between bicyclists and other users of the roadway. Bicycling brings multiple benefits to a community, even to those people who don't ride, by generating business that extends beyond retail, to the contractors, plumbers, loggers and delivery drivers who supply and maintain homes, inns and restaurants. That being said, a recent letter to the editor expressed some misunderstandings of traffic law, so perhaps a brief review of the rules of the road for bicyclists and motorists would be helpful.

Regarding bicycle operation: Bicyclists should ride with traffic. By state law, people on bicycles "shall operate on the right portion of the way as far as practicable except when it is unsafe to do so as determined by the bicyclist." In most cases, that will put bicycles in the right hand third of a travel lane, but there are situations when taking more of the lane may be necessary. Bicycles may legally be anywhere in a travel lane when a lane is too narrow to share with a motor vehicle (usually understood to be 14 feet), or when they are preparing for a left turn, going straight where a right turn is permitted, passing parked cars, or avoiding obstacles at the road's edge. Bicyclists should stop at all stop signs and red lights, and they should not go out of turn at intersections. Passing stopped cars on the right can be risky; pass on the right only when it is safe to do so. Bicyclists are allowed, but not required, to use shoulders, which may contain rough pavement or debris. Riding on the sidewalks is not recommended, and is illegal in some towns in Maine (including Bethel!).

And bicyclists, although you have a right to the road, please try to be considerate of the whole traffic system as you ride your bike. Don't forget what it is like to drive a car while you're on your bicycle. You may have a right to the full travel lane in some cases, but be judicious where and when you exercise that right. Make choices about riding single file or two or more abreast based on safety, traffic and road conditions. Obey the principles of traffic law. Yield to pedestrians.

Regarding motor vehicle operation: By virtue of the number, size power and lethality of their vehicles, automobile and truck drivers carry a special responsibility for creating safety on the roads. That's why we issue licenses before people are permitted to drive. Motorists must expect and be considerate of the more vulnerable users also on the road, including walkers, bicyclists, wheelchair users, horses, etc. Treat bicycles like you would any other slow moving vehicle, including farm tractors or horse-pulled carriages. And note that, technically, the impeding law applies to motor vehicles, not to non-motorized devices like bicycles—and that even slow moving trucks don't automatically pull over for a single car behind them!

By Maine state law, people walking and bicycling must be passed with at least three feet of space, but more is better. If you can't give them at least three feet, you must wait for a safer place to pass. Sometimes that means that you may need to slow down and wait a few moments for a safe place to pass them.

The walkers and bicyclists you see out on the roads are your neighbors, your friends, your kids, your doctors, teachers, carpenters and plumbers. Be nice to your neighbors! Drive at a safe and reasonable speed for the circumstances, considering weather, traffic, and road conditions—and note that it may be necessary to drive LESS than the posted speed limit, which is a maximum limit you shouldn't exceed. Don't use cell phones and other electronic devices while driving.

If we follow the law and practice mutual respect for all legal users of the road, motorists and drivers can safely and happily share the road.

James C. Tassé  
Assistant Director, Bicycle Coalition of Maine

### IMPROVING MOLLYCKETT DAY MEETING

To the editor:

Now that the dust from MollyOckett Day has settled but the festival is fresh in our minds, we think it might be constructive to have a brainstorming gathering to discuss the future of the festival. Anyone who has ideas on how we can collectively improve this important community celebration is invited to attend on Wednesday, Aug. 12, from 6:00 to 7:30 p.m. next to Elements Gallery in the Philbrook Place on Main Street, Bethel. If you cannot make it, but would like to submit your constructive suggestions prior to the gathering, please e-mail them to info@bethelmaine.com.

Hope to see you there!

MollyOckett Day Chamber Events Committee: Sara Hemeon, Maggie Kroenke, Lloyd Sweetser, Jeremy Fredette, Kim Sparks, Jessie Perkins and Robin Zinchuk

### FLAG FLOWN FOR AMERICANS

To the Editor:

The flag over the White House was ordered to remain at half-staff until the 25th of July for the fallen soldiers. To claim that President Obama has "fueled" racism in this country by supposedly honoring dead black people but not dead whites is so silly as to be nearly impossible to respond to, like explaining why he doesn't still beat his wife. This president has done more with less support than any other Commander in Chief since Lincoln. He pretty much ended two of the most expensive and needless wars in history. He provided affordable health insurance for nearly 50 million Americans who were suffering and dying before (estimates run around 4,000 American dead a year from being uninsured prior to the ACA). If President Bush had "honored" white people in the way President Obama has several thousand American soldiers would be alive and their wives not widowed nor their children short a parent. Tens of thousands would not be crippled, and by my math 32,000 Americans would have been saved by the health insurance he chose not to provide during his two terms. The multi-trillion dollars we would have saved on the wars could have rebuilt our infrastructure and paid for higher education for every high school graduate in the country.

But back to the claim on the flag. Obama has ordered it flown at half-staff on several occasions like the Washington Naval Yard shooting, the Boston Bombing, the US Embassy in Libya, the Fort Hood shooting, and numerous others. It is not flown for one race. It is flown for fallen AMERICANS. If you get your news only from Newsmax and Fox, you risk looking silly when you report what you heard or read there.

Chandler McGrew  
Bethel

## Our Back Pages

BY DANNA BROWN  
NICKERSON

**10 years ago:** A total of 134 men and 107 women participated in the Maine State Triathlon.

The third annual Skunk Run raised \$16,000 for the Sandoz Morgan Scholarship Fund at Telstar High School.

**Births:** Brooklynn Ann Merrill, Dahlea June Crane, Alexander Scott Bresette, Dawson Cole Vincent.

**Deaths:** Cynthia B. Waugh, Ida O. Kuvaja, Ruth Kimball Libby.

**20 years ago:** A bolt of lightning struck the large fir tree at Ed and Beth Hitchcock's Pointed Fir B&B on Paradise Street, splitting the tree for about 30 feet.

Dr. Gary Dunham, Telstar class of 1978, accepted the position of Acquisitions Editor of American Indian Studies at the University of Nebraska Press.

**Births:** Alexus Paige Broomhall, Lee-Ann Rose Powell, Kayla Marie Brackett.

**Deaths:** Leo R. Schwartz, Helen R. Reavis, Dorothy L. Shirley, Evelyn Hilborn.

**30 years ago:** Approximately 500 people enjoyed the performance of the Roberts Bros. Circus that took place at Pat Murphy's field.

The Bethel Red Sox came from behind to beat Andover 9-8, for the Little League title at Andover's field.

**Births:** Katherine Violet Swasey, Kurt Bradley Wight, Ian James Andrews, Camden Elliot-Williams.

**Deaths:** Cecil A. Lapham, Stanley E. Seames, Waina E. Heikkinen, Earl R. Enman.

**40 years ago:** The Bethel Rotary Club was making plans for its first annual donation auction to raise money for various Rotary community service projects.

About 40 members and guests gathered at the home of Mrs. Ralph Kimball for the SOS (Save Our Songo) annual picnic and business meeting.

**Deaths:** Mrs. Pauline S. Frankiewicz, Earle E. Billings.

**50 years ago:** First prize winner in the carriage section of the MollyOckett Day Parade was "Mary Poppins" with Anne Marie Rolfe, Nathan and Douglass Greenleaf, and Perdita Davis.

Mr. and Mrs. James Brown celebrated their 25th wedding anniversary with an open house at their home in Skillington attended by nearly 100 relatives and friends.

**Birth:** Eric Hutchins.

**Deaths:** Mrs. Wilhelmina Simpson, Harry A. Packard, Rex E. Martin, Mrs. Mary A. Holt.

**60 years ago:** The eighth annual reunion of the descendants of Ernest R. and Eva Thompson Eames was held at the old homestead on the Branch Road in Newry.

It was announced that Rumford would soon have "one-way" traffic in the island business section.

**Deaths:** Kusti V. Yen, Mrs. Kathryn Hennan.

**70 years ago:** John Hicks took up his duties as station agent at Locke's Mills.

Sugar for canning was advanced to 10 lbs. per person by the local rationing boards.

**Death:** Mrs. Asenath Lois Parker.

**80 years ago:** A fishing party to Orr's Island returned with about 400 pounds of fish.

**Deaths:** Guy H. Ingalls, Jack Hayes.

**90 years ago:** The hardware store of G.L. Thurston was broken into. Some money was taken and a few small articles.

Central Maine Power Company was surveying territory for the location of poles bringing high tension wires to Bethel.

**Death:** Mrs. Betsy Hastings.

**110 years ago:** The store of Edwin C. Rowe was burglarized of about \$25 worth of goods, and \$3.57 from the money drawer.

It was reported that recent high water would go down in history as the greatest summer freshet in 30 years. Little damage was reported except to Intervale crops and hay that had not been stored.

**Death:** Mrs. Davis G. Leach.

## The Bethel Citizen

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## From the Bethel Town Manager's Office

BY CHRISTINE M. LANDES

As always, it is my pleasure to provide this bi-weekly column for the citizens of Bethel. As the new fiscal year has commenced here in town, various departments are starting the process of completing projects they had placed in the budget. One item of interest will be the replacement of a few windows in the Cole Block. With the historical significance of the building, extra care must be taken to make sure replaced windows meet certain standards. It is nice to know we are able to upgrade to energy efficient windows while maintaining the historical look.

My office has been busy preparing the budget presentation for the airport and treatment plant. As I was calculating last year's airport budget, it was noted the FY15 bottom line was a positive number despite the extra snow removal bills we accumulated. The treatment plant superintendent and I have been reviewing the budget individually and will confer very soon on what we forecast as needed upgrades/maintenance to the lines and plant.

Tickets sales for Funtown/Splashtown combination passes have been steady. I am pleased we are able to offer these to area residents at a discounted rate. Each ticket sale earns the Recreation Committee \$0.50 just as the ski tickets did last season. As a reminder we only accept cash or credit card for these sales.

The compactors have been ordered for the Transfer Station and upgrades are starting. As I mentioned previously, in the next few months you will see a lot of activity at the facility. Please be patient with the attendants as they learn a new system all the while working the kinks out of the process.

I must, once again, ask if any of you have time to dedicate to a committee or board. Without the involvement and dedication of the residents, other residents are unable to have their concerns or requests reviewed. Please submit your letter of interest or speak to the staff in the office about open positions. The community needs you and your expertise!

There seems to be some talk around town of issues and situations currently occurring. I would encourage each of you to seek out any inconsistencies you may question. My office is available to answer any questions or concerns you may have. As I have stated before, we are here for you!

## Trail

Continued from page 1

the trail construction. They also said there are safety concerns and that the road has been damaged by the recent use.

### Easement background

The road was discontinued by the town in 1908, but the Bethel Water Company, and later the Bethel Water District, acquired easements to access its property on Chapman Brook.

The easements were intended to give to the "[water] company its successors and assigns the same rights it had before said way was discontinued," according to a title exam done for the town in 2012.

In the 1920s the adjacent Bingham parcel was given to the BWD by William Bingham II to help preserve water quality in the watershed. When the BWD gave up using that land for a water source after a flood in 2007, a consent agreement was arranged with the state for Bethel to take over the Bingham property.

In 2014 the BWD provided the town with a confirmatory easement to allow access over Daisy Bryant Road to the Bingham land, for purposes that include timber management and low-impact recreational activities, as spelled out in the consent agreement.

This summer the first phase of recreational trail construction has been taking place on the land the BWD still owns next to the Bingham parcel. It is also accessed by the same road.

However, on July 16 Kline wrote to Landes that while his firm was still assessing the situation, there were several reasons for the town to "cease and desist from further use of the road to access the Bingham Preserve property," including that rights granted originally to the BWD "were limited to maintaining the water supply system," and the rights "cannot be appropriated for use by a parcel which was not in existence at the time and was not acquired until much later."

Last week Landes e-mailed road residents that it was her understanding that only two vehicles and two bicycles

have been using the road for trail work access. She also said the work was expected to wind down by Aug. 8.

But in a more strongly worded letter July 23 to Mahoosuc Pathways Executive Director Gabe Perkins, Kline wrote, "You do not have any right to use the road ... Mahoosuc is trespassing."

He went on to say that Mahoosuc Pathways had crushed drainage ditches on the road by driving off the road; jeopardized residents' safety, security and privacy; created potential liability for the road's owners; and had not offered to contribute to the maintenance of the road, as the BWD had.

Kline concluded by asking Perkins to forward the letter to an MP attorney, if the organization had one, "and put your liability insurance carrier on notice."

Also on July 23, road resident Cindy Trinward e-mailed Landes that "Your folks have crushed some of the ditches in already," and that they had also dug up gravel on an uphill curve.

On Monday Perkins addressed the issues.

"Our MOU (memorandum of understanding) with the Bingham Forest Authority is for trail development and trail maintenance in the Bingham Forest and Bethel Water District lots, including trails for hiking, horseback riding, Nordic skiing and mountain biking," he said. "Our MOU is not for improvements to the road. Our use of the road is as a contractor and not as the public. Our use is in a similar manner as other entities in the past have contracted for the Bethel Water District."

Landes said Monday that

Kline's letters were not court orders but requests, and she had hoped the college students doing the trail work could finish.

But after a Mahoosuc Pathways meeting last Thursday, she said, the decision was made to stop work the next day.

She also said, however, that "I can't stop the public from going up there."

### Title work, legal fees

In 2012 Hanley and Associates Attorneys did initial title work on the land, and said in a 2013 letter to the town that there might be limits on the extent to which the Bingham land could benefit from the 1908 easement access rights, since the parcel was not acquired until later.

But the letter also stated, "If the current Daisy Bryant Road had remained a town road, the Bingham Preserve land would have been fully available to the town to access over the Daisy Bryant Road, so arguably the town would now have those access rights," based on the easements.

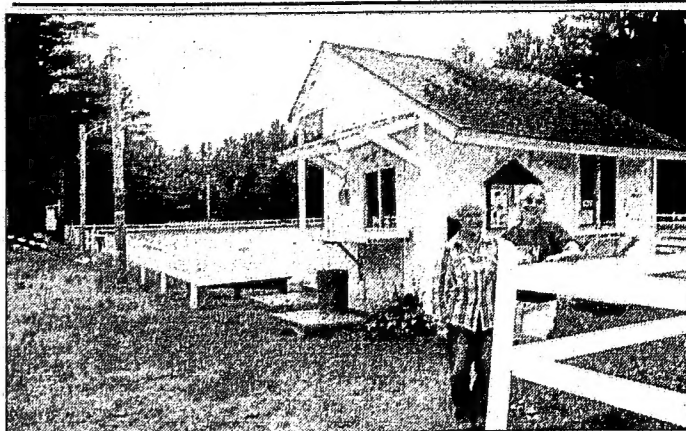
Hanley Associates noted the title work did not cover certain aspects of a title search. Landes said Monday if the town ended up going to court over the road issue Bethel's current law firm of Bernstein Shur would likely do a more complete analysis. She said it was expected that any legal fees would be paid by the BFA.

The town's options range from going to court, to negotiating an easement with road residents, to taking the easement by eminent domain, Landes said.

But, said Landes, "a couple of selectmen and BFA members are not in favor of using eminent domain."

## Riders

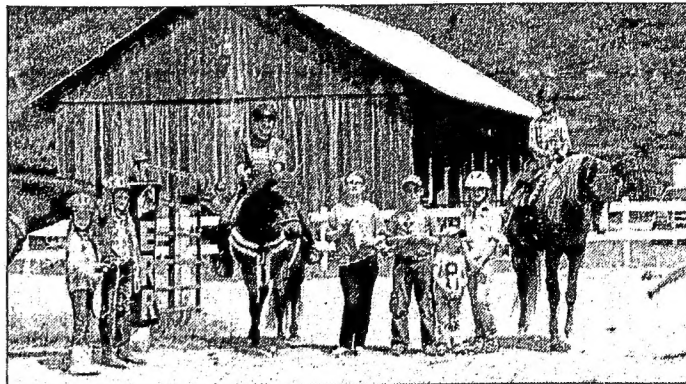
Continued from page 1



Deb Cayer (left) and Kate Slattery in front of the announcer's booth and riding arena at Ellis River Riders. A. Aloisio



Cayer and her horse Morning Son in 1995. She still shows the horse, who is 25. Submitted photo



ERR kids after a recent gymkhana event. Submitted photo

The land was just off Route 5. A lease was arranged for about five acres.

"In good old Maine fashion, we did it for a dollar on a handshake," said Cayer.

They held their first show in 1988, with both Western and English riding classes. They also organized games on horseback (such as barrel racing), known as gymkhana.

Trail rides continued on the weekends, with some members taking part in competitive rides.

They also began offering horsemanship clinics, which continue to this day.

"We offered many different clinics starting in 1986 with horse care, nutrition, training and such," said Cayer. "We've continued doing clinics over the years and depending on the interest of the members at the time. We have done clinics for team penning (with cows) in the mid-90s, and for competitive trail riding early 90s. We also have done barrel racing, jumping clinics and a driving clinic. We have more recently offered Western Dressage and versatility and we did a horsemanship with the nationally known Aaron Ralston, who competes all over the US in reining competitions."

As the club grew, so did the facility. The announcer's booth was built by students from the Region 9 School of Applied Technology. The Picnic Pavilion utilized poles from

Central Maine Power obtained by a CMP employee from Dixfield, and they were installed with CMP equipment lent to him to use during off hours.

"Everything was built and run by volunteers," said Cayer. "All done because someone had the time and desire."

The snack building has a long history, Cayer said, it served in several locations as an ice cream or burger shack, working its way slowly south on Main Street until it eventually was moved to the club grounds.

As for the club members, their numbers grew and hit a high of about 300 in the late 1990s. It declined some in the mid-2000s decade because of the recession, Cayer said, but interest is strong among the still-large membership.

Member Kate Slattery said the participation is born of the simple philosophy, "Let's ride together."

"It's definitely a fun place," she said, where her kids spent many happy hours.

Cayer said she believes the club is successful because of its broad offerings.

"The variety of what we have is awesome," she said. "We've always tried to provide something for everyone. We try not to focus on one thing above all else. Different members have different wants, and we have all ages and abilities."

She said some young riders start with the club, gain skills and go on to specialty riding, while others are con-

tent "to just stay here and have fun with their horse."

Cayer said members and non-members alike are always willing to pitch in and help on an event day, whether it's handing out award ribbons or lending a riding helmet.

There's other regular work to be done, too. The club maintains 50 miles of public trail system in the area, sharing some trails with other sports clubs, such as snowmobiles and ATVs.

In the mid-1990s, she said, "We hosted the ER 30 - a competitive trail ride with riders from all over New England."

Cayer also said that just like with many activities, interest in different aspects of horseback riding ebbs and flows with time, and the club tries to accommodate that.

Looking to the future, the club hopes to find donated lights to install around the riding arena.

In the nearer future, some members are also practicing to establish a drill team for next year.

Club members will lead the parade for Andover's Olde Home Days on Saturday.

"We will have a night game show on Saturday starting with the kids at 3 p.m. and continuing at 6 with Youth and Adult classes," said Cayer. "Sunday at 9 a.m. will be an Opens show with English and Western classes."

For more on the club and its activities, go to [www.ellisriverriders.com](http://www.ellisriverriders.com).

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## Briefly

### Fireworks signs planned

GREENWOOD-Greenwood selectmen last week OKed a request by a resident unhappy with recent fireworks use to add a sign to the "Welcome to Greenwood" signs informing people generally that there are restrictions on fireworks. The board also approved taking funds from the town's building account to pay for insulation for the Locke's Mills Fire Station, in order to save money on heating. The next board meeting is Aug. 4 at 5 p.m. at the Town Office.

### Woodstock awards road bids

WOODSTOCK-Selectmen Tuesday awarded a three-year bid for winter road maintenance to John Halacy of Milton for \$57,300 a year, according to Town Manager Vern Maxfield. A second bid was also received from Roy Howes of Turner, but it was only for one year and the town wanted a three-year bid, Maxfield said. Also awarded was the winter sand bid from Hadley's for \$7 a yard. Hadley, who was the only bidder, also had it last year for about a dollar a yard less, said Maxfield. In other business Tuesday, the town is applying for a state Stream Crossing Infrastructure Improvements grant to replace a culvert on the Concord Pond Road. Maxfield said the work will be done this fall regardless of the grant outcome. The total cost estimate is less than \$50,000, he said, with the grant application and design being done by Mainland Inc., for a concrete box culvert. The funds were approved in the annual budget. The board also approved an agreement with Responsible Pet Care for 2015 for \$1,300. The town tax rate is expected to be set at next Tuesday's board meeting.



**THE CAST**-The cast of "A Very Potter Musical" at a recent rehearsal. Pictured are, front: Meredith Mathieu, Kathleen Figaratto, Kellen True, Zach Wheeler, Christian Figaratto, Ron Figaratto, Greg Wheeler, Reed Thurston, Anneliese Smith, Janelle Raven. Back: Hailey Perry, Hillary Perry, Ciara Nadeau, Karen White, Brittney Turnbull, Hannah Mathieu, Kallah Jean Turner, Liam Gallagher, Maggie McGovern, Elliot Clark, Tee Isham. Absent: Meg Osgood, Evan LaChance, Elijah Laird.

A. Aloisio

## 3,600 in Tough Mountain Challenge

BY TERRY KARKOS,  
SUN MEDIA

More than 3,600 runners competed in the Tough Mountain Challenge obstacle course at Sunday River Ski Resort in Newry Saturday.

The event also drew thousands of spectators of all ages, many of whom walked up the mountain to watch and cheer on athletes struggling through 17 obstacles on the 4-mile course while either wet or covered in mud.

"The crowd today was massive but expected," resort spokeswoman Darcy Morse said. "Today's event exceeded our expectations. We knew that there would be a good-sized crowd, but you never know about the weather. Today's weather was perfect, which gave way to a perfect course, which gave way to some happy racers. Win-win for everyone."

The only injuries reported were two sprained ankles, one of which took place at the Slip, Slide and Die water-slide obstacle on the last descent toward the finish line at South Ridge Lodge, she said.

Heats were run every 15 minutes from 8 a.m. to 3 p.m., averaging 125 runners in each heat. All runners wore numbered bibs and timing devices around their ankles.

"The bib got them entry into the race; the ankle recorded their time," Morse said.

Additionally, because bibs were coming off in the Shredder Mud Pit obstacle, a 100-foot-long mud pit topped with barbed wire, course volunteers had to write bib numbers with black markers on the arms or legs of runners.

At the start runners were off at a steady jog uphill, until getting blasted with cool water from the first two of 12 snow-making guns in the gantlet obstacle appropriate-

ly titled "Hurricane Valley."

Many runners simply walked through the valley while getting drenched. Once through the valley, they had to run downhill and back up to the mud and barbed-wire pit.

At The Barker Pond Leap Frog obstacle, runners emerged from a huge culvert, climbed up out of it and viewed the completely unstable "lily pads" they had to run across without falling off the small docks that bobbed in the pond.

"Fast feet, down the middle, go, go, go!" the obstacle tender yelled as runners gingerly launched themselves onto the slick platforms.

After that came the water slide into another muddy pool, and a dash down a steep slope to the finish.

Four women at the bottom wearing muddy pink jerseys said the course lived up to its name. Asked what the worst obstacle was, Sue LaJoie, Sheila Morrison, Lisa Smith and Cherri Crockett simultaneously yelled, "WTF!"

That obstacle had runners crawling up a very steep pitch. Overall first-place finisher for the men and boys was Greg Goodhue, 48, of Sidney, whose time was 42 minutes and 9.5 seconds. For the women and girls, Debbie Moreau, 42, of Greene took first overall with a time of 49 minutes and 1.1 seconds.

The Tough Mountain Challenge also included a children's Mini-Mountain Challenge that was capped at 300 participants and sold out, Morse said.

"Judging by the crowd of kiddos, I would say that they all showed up to compete," she said.

Race results can be found here: [www.allsportsevents.com/Results/running\\_results/ToughMountainChallenge2014.html#/results:14064069725060](http://www.allsportsevents.com/Results/running_results/ToughMountainChallenge2014.html#/results:14064069725060).

### Healthy

Continued from page 1

meeting new people, and declaring possibility—what do we see as possible for our community?" she said.

The gatherings are part of the outreach of the Oxford County Wellness Collaborative, which supports groups in five focus areas, including Community Engagement, as part of its overall mission to improve health and wellness throughout Oxford County.

The OCWC was formed in 2011, in response to the publication of the 2010 County Health Rankings, in which Oxford County placed last out of Maine's 16 counties for overall health.

That ranking was a wake-up call that spurred many organizations and individuals to unite together around a common goal, that of making Oxford County "the healthiest county in Maine and one of the most desirable in which to live, work, and raise children."

Series of Healthy Community Gatherings have been held in the Oxford Hills, River Valley, and Bethel areas.

Susan Parker, who attends the Bethel gatherings, said one important question for the group is "How do we encourage and bring in people who have had the experience in their lives of not being heard?"

The gatherings provide a positive and supportive outlet for everyone who attends to express their ideas, concerns, and visions for the community.

"We can only move at the speed of trust," said Ben-Kiki.

Parker said that Healthy Community Gatherings held in Rumford have been described as "life-changing" for some who have attended, making them realize, perhaps for the first time, that they can have a voice in determining the future of their community.

At each HCG session, participants typically break into small groups to consider one or two questions, then reconvene to share their responses and ideas.

"When we get into small

groups, we first reflect and collect our thoughts for a few minutes, then write them down and discuss them," said Parker.

Katrina Colombotos said the same process was used to enable the views of all of the more than 80 participants in last March's county-wide Healthy Community Gathering, called "Blazing a Path to a Healthier Future," to be heard.

The mission of that gathering, held at Telstar, was to collectively determine a focus for the future work of the OCWC and its partners, in order to improve life and health for people throughout Oxford County.

Working together, residents of more than 20 towns identified social isolation and disconnection as the root cause of the county's

low health ranking.

The OCWC recently received continued funding from the second phase of the Maine Health Access Foundation's Healthy Community grant program to support the public planning process in addressing this root cause.

"It's inspiring to witness so many people from across the county coming together with a strong desire to improve the health of their community," said Brendan Schaffler, the OCWC's coordinator and sole staff member.

"This work has clearly struck a nerve and it's exciting to think of where it will lead us as a countywide community."

In addition to the Community Engagement workgroup, which supports the Healthy Community Gatherings, the OCWC includes workgroups

in the areas of Healthy Food, focusing on school nutrition, local foods, community gardens, and similar initiatives; Active Living, encouraging walking, biking, hiking, and other active pursuits; Behavioral Health, concentrating on issues of mental health and substance abuse; and Community Safety, geared toward addressing and preventing such crimes as child abuse, sexual assault, and domestic violence.

The next Healthy Community Gathering in Bethel will be held on Tuesday, July 28 at 5:30 p.m. at the cafeteria of Crescent Park School. As always, everyone is welcome and snacks will be provided.

The Oxford County Wellness Collaborative and the Bethel Healthy Community Gatherings group can both be found on Facebook.



**SWAIN RECOGNIZED FOR LAKE MONITORING**-On July 25 Christine and Ross Swain of East Andover attended the Maine Volunteer Lake Monitoring Program (MVLMP) annual conference at The Great Outdoors Recreational Function Facility on Pleasant Pond in Turner. The Swains are MVLMP certified lake monitors for Ellis Pond, a.k.a. Roxbury Pond, and Silver Lake in Roxbury. At the event, which had a record-breaking attendance, Christine received recognition for five years of service with MVLMP. Last year, Ross received similar recognition for 20 years of service. Pictured are MVLMP Invasive Species Program Director, Roberta Hill, Ross, Christine, and MVLMP Executive Director, Scott Williams. For more info on MVLMP please go to their web site at <http://www.mainevlmp.org/>

Jonnie Maloney

## The Way I See It

BY SHARON BOUCHARD



From the TWISI archives:

My friend Lesley and I were chatting recently as friends are apt to do. We covered a multitude of things from world issues to not having the time to do the things we'd like to do.

"Don't get me wrong," said Lesley. "I love my husband and family, but I wish they would all go away for a week just so I can get caught up on all the paperwork I have to do."

"I know exactly what you mean," I responded. "If I could have a full week without my husband and no interruptions, I think I could actually get caught up on all my housework and for once have a clean house."

We both sighed over such fantasy. And then we both sighed again as we wondered just when our fantasies became so mundane.

Later that day I was in a bank and I overheard a couple of the 20-something tellers talking. "My dream is to spend a week alone with my husband on a tropical island. No kids, no telephone. Just Bob and me, the sea and the surf," said one starry-eyed teller.

"That would be wonderful," responded the other teller. "But, I'd like a week with unlimited funds to go shopping in Boston or New York."

I'm sure that once upon a time I had fantasies of ro-

mance in exotic places or whirlwind shopping sprees and now I just want to clean my house. What on earth has happened to me?

I guess my fantasies and priorities have changed a great deal over the years. Now I wonder if I have become old and boring or if the realities of life have slapped me around for so

*I guess my fantasies and priorities have changed a great deal over the years.*

many years that I've become simple minded.

Being simple minded isn't all that bad though. I remember many years ago being very pleased with myself and quite excited because I saved enough money to buy a really nice dress that I wanted. The other day I did a happy dance because I managed to unclog the kitchen sink. Same pleasure, but a lot less expensive.

My husband and I used to talk about how nice it would be to go to New York and see an honest-to-goodness Broadway play. Now

we're both pretty happy when we see a movie that we both enjoyed.

When my kids were little I used to love going through various cookbooks and creating interesting gourmet meals. For the kids I would make desserts worthy of a picture in Better Homes and Gardens. Now I'm quite content to microwave left-over macaroni and cheese and have a candy bar for dessert.

Whenever my husband I see a television commercial for a weekend in Las Vegas, Henry will ask if Vegas holds any interest for me. I always say no and then we'll get a few scratch tickets and hope to win more than the price of the tickets.

Boy, I guess I really am getting old and boring. It's a pretty sad commentary when I've reached the point in my life when a couple of DVD movies hold more interest for me than a Vegas weekend or a romantic vacation on a tropical island.

I think I should start working on more interesting fantasies and doing more interesting things. But still, the way I see it a full week without my husband and no interruptions to clean my house would be like a dream come true. Either that or winning the services of a cleaning company to come in while my husband and I were on a romantic vacation on a tropical island.

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# Bethel

By Don Bennett



## L.L. Bean Outward Bound Center in Sunday River

At least once each summer I plan to check in at "our" local Hurricane Island Outward Bound facility to see what is going on. This is an outdoor classroom where leadership, personal development and providing service for or helping others is taught by using expeditions as the teaching/learning vehicle. Andy Bartlett who is one of the regular managers at the Newry center and whom I had not actually met before outlined this year's activities for me.

During the summer months the "students" are mostly high school age. They come from all over the north east and the eastern seaboard. This summer one student was from China. Attendance begins to drop in August as school openings approach. In the fall college age participants come for a service semester. Some may be taking a year off from college. This period sees participants come from all over. Here the expeditions focus on the kind of personal development which applies to working in a service capacity and many will go abroad. Overall Outward Bound focuses on teaching individuals how to take care of themselves using expeditions into our "Mahosuc" wilderness environment as the teaching vehicle - in other words you are expected to cope with new and unexpected situations - find your limits and surpass them. This year's program here will wrap up in early November.

**New Home Going Up - In Angevine Territory**  
Rick Angevine, Dan Gibbs, Jeremy Angevine and Cliff York are building a really attractive new house and garage just off the North Road in the Chapman Brook neighborhood. Rick said this new house will be for his parents as a retirement

home so he has to be on his toes about comfort, convenience and appearance. In the summer they should be able to sit on their front porch and look up toward Barker Mountain.

## Vernon Street House Getting a Face-lift

The house where Dave and Marcia Denison used to live on Vernon Street is getting a reworked front and maybe more. At one time it was one of those Mason houses in Bethel. When the Bethel Savings Bank was founded in 1872, Oliver H. Mason who lived here was the bank's first president. If I read the town tax records correctly a Massachusetts couple owns it now.

## Spectator at the Tough Mountain Challenge

Saturday morning at Sunday River a really big event was going on. The Tough Mountain Challenge has all the features of an Army Ranger School final exam for toughness. When I got there, there was already double the number of cars that had been there for the NE Forest Rally. People of all ages from young children to those with a retired look in age and form were walking around with numbers and heat times taped to their backs. Music and announcements were blaring from the Emcee's station between the Start and Finish banners. As just one of the hundreds of spectators, it looked like over a hundred were assigned the different heats. When the Go yell was called out each pack headed up hill on a trail that got them to the snowmaking machines blowing cold mist and water on them.

From the starting line I walked up to the final obstacles - barriers to go over and then slides into a large pool of water. A few of the challengers coming up to the barriers looked they had more than had it. As the finishers jogged to the finish line the look on their faces was exhaustion but with smiles.

Walking back to the parking lot convoys of arriving cars were still pouring in.

## Last Week's History Challenge

The question was: where did the camp building sitting on the Valentine farm property come from? The building itself is almost totally obscured from sight as you drive by it on the North Road. The Valentine farm land is only identifiable now by a Tree Farm sign which itself is almost hidden.

Hidden amongst new pines, the camp sits next to the foundations of the former Valentine farm. On April 15, 1905 the farm's barn, house and sheds owned by Charles and Bertha Grover Valentine burned down completely. Apparently the only help in fighting the fire came belatedly from neighbors. Charles was a mailman and was away delivering mail when the fire was first discovered. Later the Valentines, Charles's mother, wife and son Carroll became residents of Mechanic Street. Mary and Richard Valentine were grandchildren of Charles and Bertha Valentine.

For many years the Valentine farm home was one of many Bethel summer vacation homes for "summer boarders." News reports during the 1890s indicated that the Valentines had 25 summer boarders. (Bertha Grover Valentine's family in West Bethel also accommodated summer vacationers at their farm on today's Barker Road.) When the Bethel Chorus formed for William Rogers Chapman's Maine Music Festival, Charles and Bertha Valentine were in the Chorus. During the early years of the Bethel Agricultural Fair Charles Valentine was known for his excellent Jersey cattle and calves within the Fair's dairy exhibits of farm animals. Valentine cattle at the fair could return home each evening to their own barn only a short walk from the fairgrounds.

Another notable element of the Valentine family's place in Bethel history was Charles's father Alfred who in 1887 was the head of the Bethel School Committee. The committee were handed the year's most challenging job - that of converting the school districts to a town system. Mr. Valentine was or had been a Gould Academy trustee.

Anyway, by the end of the week, those of us looking for information about where the camp on the Valentine farm came from still don't know.

## Bethel

By Nancy Brown



There are two important "sky events" coming up. The first is the Blue Moon tomorrow night, July 31. This is the second full moon this month. Don't miss it because the next Blue Moon won't be until Jan. 31, 2018.

The second important upcoming "sky event" is the Perseid meteor shower. The peak nights for viewing will be Aug. 12 and 13 between midnight and dawn. This year there will be almost no moonlight to interfere; as long as the sky is clear, viewing should be good. The Perseids are the most watched meteor showers in the northern hemisphere because the weather is



Tough Mountain Challenge at Sunday River Saturday - making it over one of the last obstacles before the finish line.

warm and sometimes viewers can see 50-100 meteors per hour. The meteors are fast and brilliant and consistently leave trails behind them as they streak across the sky. Oxford County is a perfect venue for meteor viewing because outside of the villages, the sky is dark and unobscured by city lights. Most meteor showers are dust-particle size remnants of comets. As the particles hit Earth's atmosphere, the friction causes them to ignite, appearing as shooting stars. The Perseids are the result of Earth traveling through the debris field of the comet Swift-Tuttle. The meteors appear to radiate from the constellation Perseus, which is in our north-east sky, but meteors can be seen across the entire sky. My hint for viewing: find a spot outside town away from major traffic routes, take a lawn chair and a blanket, and something to drink.

Late summer flowers are already blooming. My favorites are tansy and the goldenrods. Many people consider that these beautiful flowers are weeds. However, both are food sources for animals, butterflies, bees, and sometimes people. Bees can produce a vibrant honey from goldenrod nectar. Maine has over twenty-five species of solidago or goldenrod. Our back pasture is already filling up with early goldenrod, flat-topped goldenrod, downy goldenrod, and bog goldenrod. At least, these are the ones that I recognize. Goldenrod often gets a bad rap from people who claim it triggers their hay fever. In most cases, it's actually ragweed, which blossoms at the same time, that causes hay fever. Tansy, like goldenrod, is a member of the aster family. And also, like goldenrod, suffers from a bad reputation in our modern society. Tansy has traditionally been used effectively in medicines and for pest control. Two hundred years ago in England and New England, bouquets of tansy were placed at windows to keep out pests, including mosquitos.

Our summer festivals continue. This weekend is the Andover Olde Home Days Celebration on Saturday, Aug. 1, from 9 a.m. to 3 p.m. at the Village Center. The celebration includes the Art Show in the old telephone office building (aka Addie's Restaurant) in downtown Andover. The parade is at noon. Look online for the dates for the rescheduled South

Paris Moore Park Art Festival, which was rained out on July 26.

Don't forget to buy day-lilies at Nabos this Saturday, Aug. 1, from 9 a.m. to 12 noon. The sale of the potted lilies will benefit the Community Hearing Project. The project will also be selling day-lilies at Deerwood Gardens, 571 Norway Road, in Waterford on Sunday, Aug. 2, from 9 a.m. to noon. This year funds raised by the Project will help the West Parish Congregational Church upgrade their sound system.

If you have news to share, please e-mail me at brown-nancy1950@gmail.com.

## East Bethel

By Wally Ritz



Boy, this week just flew by and it kind of makes me think the cartoon "Ziggy." My favorite one was "Stop the world, I want to get on." Do any of you remember those?

Arlene Harrington's sister, Charmaine, from Rochester, N.H., and her friend Carol were here for a visit last week from Wednesday till Sunday. They had a nice time together. For the first time ever I am having a problem with chipmunks. Would love suggestions on how to get rid of them as I have to keep the door from the kitchen to the mudroom closed, though I would love to have the air flow during the hot weather. Call me at 507-1008 or e-mail heinrichcracker@gmail.com. Have a great week.

## West Bethel

By Karen Paul



The West part of Bethel is divided by the Androscoggin River and numerous islands named and unnamed. The river is a major attraction for fishermen, canoe and kayak enthusiasts. I have guided from the Gilead Bridge to Newt's Landing a number of times and it's a beautiful trip. There are no houses along this stretch which one can see due to the paper mill pollution in the early part of the 20th century. Eagles, osprey, beaver, deer, moose and many other species can be seen on this trip.

The Androscoggin begins in The Great North Woods region of New Hampshire or as the French say, "Grand Bois du Nord." Its source is the Umbagog Lake, half of which is in Maine and the other half in New Hampshire. Where the Androscoggin divides West Bethel there was a Ferry to join North West Bethel and West Bethel. We still have the same 836-telephone number and there are families related because of the proximity.

John Grover was an early settler in West Bethel. Old maps and research suggests that he and his four brothers settled near Grover Hill and owned all the land that the village of West Bethel sits on. My house on the river sits on a piece of one time owned Grover property.

Rodney Jordan and I attended the Jordan Family Reunion on Sunday at my Uncle Tim's camp on Brandy Pond in Naples. There were 48 people in attendance.

Please send your news to paulkmarie@gmail.com or Karen Jordan Paul on Facebook or phone me at 836-2266.

## Andover

By Jane C. Rich



The Andover School Board met last Wednesday and on the recommendation of Superintendent Jack Turcotte hired the following persons for staff at the Elementary School: Karri Hall as a First Year Probationary Teacher, Roger Sabin as a part time Title 1 Teacher, and Karen Thurston as the Teaching Principal.

Jack continues to interview others for the positions of School Secretary, Food Service Person, and School Nurse. The board will meet next on Thursday, Aug. 13 at 5 p.m. at the school. The agenda will include further nomination of teaching staff including Art, Music and PE as well as reports from the committees that deal with finances, facilities and transportation, food service and graphic arts.

Thanks to citizen volunteers Marshall Meisner and a McPherson, whose first name I don't know because I don't know which McPherson it was, the flags donated by the Andover Service Circle have been put up on

## OCSD Patrol Log

Tuesday, July 21

At 7:56 a.m. Deputy Andy Whitney responded to the Howard Pond Road in Hanover for a civil disturbance. Several people were gathering near a work zone and inhibiting work. The contractor decided not to go through with the job that day.

At 9:58 a.m. Deputy Josh Daley received a message regarding a noise problem on the North Road in Gilead. The caller asked if there was a noise ordinance. There was negative contact with the complainant.

At 12:02 a.m. Deputy Josh Aylward stopped a vehicle for speeding on Walkers Mills Road in Bethel. A vehicle search was conducted and a marijuana pipe was found and confiscated.

Wednesday, July 22

At 8:22 p.m. Deputy Josh Daley received a report of disorderly conduct on Main Street in Bethel. The deputy made contact with two subjects on a business property. Both left without incident.

Thursday, July 23

At 9:56 a.m. Deputy Josh Daley arrested Danny L. Thurston, 45, on Mayville Road in Bethel on an arrest warrant for failure to appear in court.

At 11:45 a.m. Deputy Josh Daley received a report of suspicious activity on Main Street in Bethel, with two subjects sitting outside a business. The deputy contacted the business owner, who said the two had been asked to leave and they did.

Friday, July 24

At 8:45 p.m. a report was received of a bonfire in Bethel, with subjects throwing pallets on the fire and creating a dangerous situation. Deputy Steve Witham, two other deputies and the Fire Department responded. This was the second complaint the Fire Department had responded to and found it to be unfounded, as three subjects were sitting around a very small campfire. The complainant was reported as intoxicated and refused to answer the door. The responders cleared the scene.

Saturday, July 25

At 8:17 p.m. Deputy Steve Witham responded to a report of a single vehicle crash, car-pole, in Bethel. The Fire Department and Bethel Rescue also responded. The driver was extricated and taken to the hospital for evaluation.

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## Main Street in time for Olde Home Day.

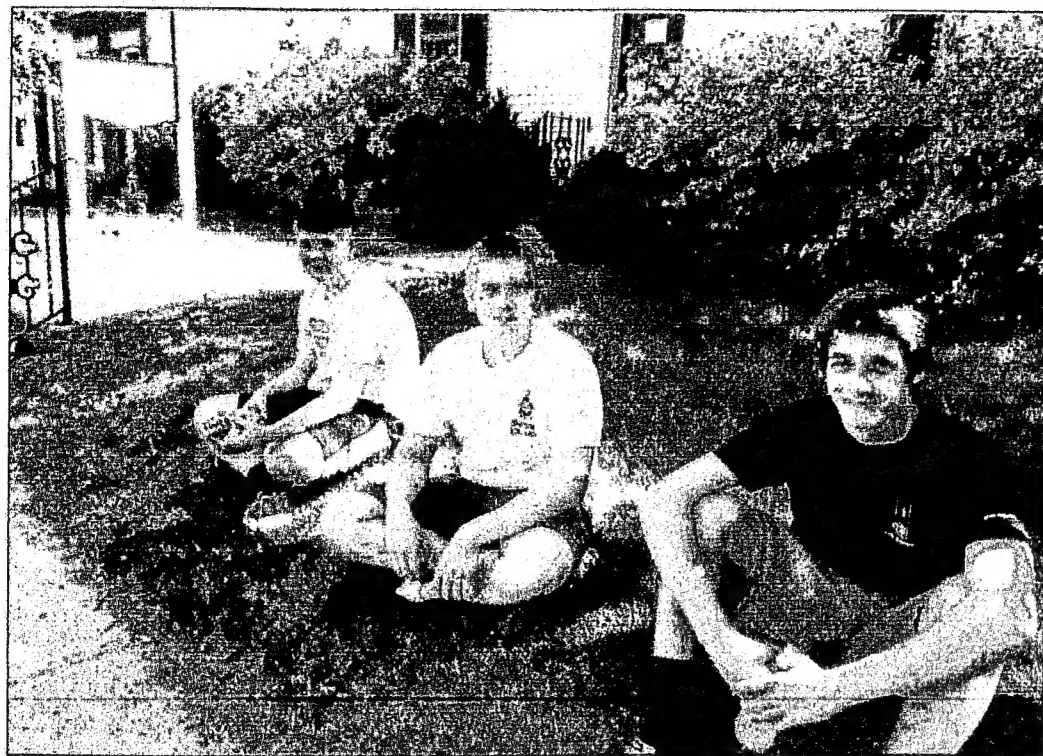
Historical Society members have brought out the covered bridge replica built in 1979 by Dick Johnston to be either in the parade or on display at the society's building for Olde Home Day. It's been a number of years since this "bridge" has been seen and some who will view it may never have seen it. Dick now lives in Spanaway, Wash. Unfortunately he and his wife Polly will not be able to journey to Maine this year to be part of our annual celebration.

Visitors to Olde Home Day should note that the Historical Society and Photography display hours have been changed to 9 a.m. to 2 p.m. If you're interested in the display of local artists living and deceased that exhibit will have hours on Friday evening from 5 to 8 p.m. and on Saturday from 11 a.m. to 3 p.m.

Leo Camire, Parade Chairman has announced that the parade will line up at the field next to Betsey and Dave White's house rather than the Transfer Station Road. A reminder: The Transfer Station will be closed on Saturday and opened on Friday afternoon from 1 to 4 p.m.

Pam Tobin and the Ellis River Riders Drill Team will lead the parade. Parade Chairman, Leo Camire, tells me there will be several floats and also the addition of a marching group of cadets as well as the Old Crow Band.

Fans of lawn tractor pulling and racing will want to visit the Andover Motor Speedway at the Grimaldi Field beginning at 1 p.m. If



**FOOTBALL PLAYERS VOLUNTEER**—Telstar High School football players recently volunteered to move boxes of books for the Bethel Library's annual Mollyocket Day Book Sale. Pictured are, from left: Connor Landes, Elijah Mason and Aaron Vermette. Submitted photo

that's not to your taste, how about listening to a presentation by John Ford retired Game Warden and Mark Nickerson, retired Maine State Trooper with exciting and humorous stories about their careers? The Andover Service Circle will have bins on the common for the bandstand concert on Friday evening and all day Saturday to receive bottles and cans as a fundraiser for the group which provides scholarships for local students and has also supplied the flags that decorate our phone poles on Main Street. So come on up and enjoy a great day as the weather man promises good weather.

## Bryant Pond

By Alice Hoyt



Franklin Grange 124 met Monday night, July 20, for music night. It was an open meeting. Next meeting is Monday, Aug. 3.

Sympathy is extended to the family of Dolly Olson.

The Woodstock-Greenwood Senior Citizens will meet on Thursday, Aug. 6 at the home of Norma and Clyde Knights for a picnic. Please bring your own place setting and a dish to share. Services at the Baptist Church are Sunday School

at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service. All children are welcome to attend Vacation Bible School July 30 and 31 from 6 to 7:30 p.m.

Larry Billings visited his mother at Market Square Healthcare Center recently and took her a lobster roll. She seemed pleased.

## Gilead

By Lin Chapman

July is coming to an end. Way too quick for me. We have had some good days, but to

day (Sunday) is kind of dark and gloomy. (Before I finished writing this column, the sun came out.)

My brother, Steve McLain, posted a picture of his garden on Facebook a little while ago. He had just finished tilling between the plants and it looked quite nice. He said that the green beans are blossomed. Can't wait.

Norm Buttrick stopped by last Saturday. He is planning on coming up to do some painting on his house over the next couple of weeks.

Hugh has been busy getting our house ready to paint. Tim came last Sunday to give his dad some help. They had to replace some boards under the eaves before they could be painted.

One day last week, we heard some birds on the porch railing. It was a family of Purple Finches. There were some sunflower seeds that the chipmunk had left and the mother and father were feeding the two little ones. The little ones kept squawking something that sounded like "Feed Me." They just couldn't seem to understand how to open the seeds for themselves.

## Gilead

The GHS lost one of their charter members last week. Don Provencher of Gorham, N.H. passed away at his home on July 20. Don was a dedicated member of the GHS. He was also very involved in various railway groups in the area. He will be missed. Condolences go out to his family.

## Town Office

The Special Town Meeting regarding the purchase of a used fire truck was held last Saturday, July 25 at the Town Hall. There were only 19 voters who showed up to vote on the article. The article to raise the \$23,000 passed.

The total appropriations for 2015 were as follows: Municipal appropriation - \$192,574, School Maintenance - \$254,117 and used fire truck - \$23,000. Total raised - \$469,691.00 is approximately \$58,000 more than last year. Real Estate

taxes will be going up this year. The tax bills should be out at least near the end of August or by the beginning of September.

Got any news? Call 836-2987 or e-mail chapmal@hottmail.com.

## Hanover

By Maria Holloway



## Ground-breaking for the Andy House

The official groundbreaking for the new Andy Barlow home took place on Monday, July 20 at the family's Main Street homestead in Hanover. Mr. Howard Bailey, a builder from Andover, has stepped forward to volunteer his services as contractor for the project. Mr. Bailey, who has known Andy for many years, felt compelled to take on the project and has gathered numerous subcontractors who are also donating their labor, equipment and supplies to build the much needed home. The stick built structure, consisting of a house, porch and garage, is expected to be completed before the coming winter. Andy, his family and friends are elated to see the dream become a reality.

**Pie Night Fundraiser**  
Funds amounting to over \$8,000 have already been raised to build the Andy House, but with the recent donation of labor and services from Mr. Bailey, those funds will now be shifted toward furnishing the home. Furniture, appliances, lighting, bedding and kitchen supplies will be needed and additional funds will need to be raised. To support the ongoing efforts, the Gardner Roberts Memorial Library Trustees and friends will be hosting a "Pie Night" on Wednesday, Aug. 19 at 6 p.m. at the Hanover Picnic Pavilion. All are invited to attend and bring a pie to share. Admission is free. Donations for the project will be collected that evening. Funds will be managed by the projects' fiscal agent, HelpHopeLive, a 501(c)(3) tax-exempt non-profit organization and

# AUTO MAINTENANCE

## Tips when driving in rainy conditions

Rainy weather can arrive any time of year. While an afternoon spent indoors watching the drops fall can be relaxing, driving in the rain is anything but. It requires extra concentration and improved reaction time. Rainy conditions can be challenging and treacherous, and drivers should proceed with caution on rain-slicked roads. Rain is blamed for many accidents, but many of these situations are largely preventable among drivers who adapt to the weather and roadway conditions. Here are some things to consider.

**\* Reduced visibility occurs from wiper blades, glare (particularly at night) and heavy downpours.** When you are unable to see the road ahead, including other vehicles, reduce your speed. If the rain is coming down in torrents, pull over to the side of the road and wait for a respite. Turn on your lights to ensure you are visible to other cars on the road.

### \* Recognize that rain can cause slick conditions.

A film of water develops on the roadways, and that can affect the performance of your vehicle's tires. Less traction means the car can slip and slide. Hydroplaning, or coasting on the surface of the water, is common. Another, lesser-known condition is slickness caused by grease and oil in the asphalt. During a long dry spell, these substances build up on the roads. When it rains, the oil and water doesn't mix, bringing the oils to the surface and exacerbating slick conditions. The first few hours of a rainstorm can be quite dangerous until heavier rains wash the oils away.

### \* Water spraying up onto tires and brakes can compromise braking ability.

That means it could take longer to stop under wet conditions. Do not tailgate and leave extra room between vehicles. If you drive through a puddle of water, pump the brakes and test them out to be sure you can stop. Brake earlier so that other drivers understand your intentions and can react accordingly.

### \* Avoid extremely large puddles.

First of all, you cannot judge the depth of the puddle and you may end up getting stuck, especially in the event of roadway flooding. Water splashing into the engine compartment may damage electrical components. Steer around puddles to be on the safe side.

### \* Use extra care watching out for pedestrians.

A normally observant person may be distracted by the rain, puddles and wrangling an umbrella and veer into the path of cars. Be mindful of the side of the roads and where pedestrians may be, such as around parked cars. ... Change wiper blades twice per year. You do not want to be caught with shoddy wiper blades in poor conditions. Without an effective wiper blade, rain cannot be cleared effectively from the windshield.

### \* Limit distractions inside of the car to focus even more of your attention on the road.

While some have become accustomed to answering phone calls or fielding questions from the backseat while driving, avoid such

distractions when driving in the rain. Turn down the radio if you must and encourage passengers to remain quiet until safely home.

### \* Leave extra time to get to your destination. Rain causes slowing down of traffic.

Rushing may increase your risk of being in an accident, so always leave extra travel time when driving in wet conditions.

### \* Make way for emergency personnel.

Accidents and bad weather are common. Slow down or pull over to allow emergency vehicles to pass by. If there are flashing lights on the side of the road, move into the left lane to give a wide berth around first responders. Driving in the rain requires drivers to exercise caution. Making a few adjustments improves safety on the roadways.



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## Mahoosuc Land Trust annual Whitecap Gourmet Hike

If August is upon us, then the blueberries must be appearing on Whitecap Mountain, just in time for the Mahoosuc Land Trust's annual Whitecap Gourmet hike. This year's hike will be on Saturday, Aug. 8, beginning at 9 a.m. This is a moderately strenuous hike with natural delights along the way and a glorious 360° view at the summit, made all the more delightful by the company and food that is shared. Hikers are asked to bring water, hiking/rain gear, and a gourmet dish of your choice for sharing with other hikers - "gourmet" meaning anything that's an upgrade from PB&J.

The hike will leave from the trailhead off the East Andover Road in Rumford. Take Route 5 north from Route 2 for 3 miles. Turn right to cross the first bridge, then left on East Andover Road. The parking lot is 200 yards on left. The Mahoosuc Land Trust is an accredited community land trust encouraging public interest in conservation in central Oxford County and eastern Coos County, N.H., supporting a balance of growth and conservation, and emphasizing sustainable and traditional land uses. For more information, visit [www.mahoosuc.org](http://www.mahoosuc.org) or call 207-824-3806.

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**CAN YOU CATCH WHAT I'M THROWING?** — "Catch a Vibe" sends out irie vibes at Mt. Abram on Saturday at the first-ever Green Woods Reggae Revival, as children and adults dance in front of the stage. Right, one-year-old Kai Kollman of Windham enjoys the soulful music with his mom, Kelly Benson. About 400 people attended, including the production staff.

all donations are tax-deductible. For more details about the project, please visit [www.TheAndyProject.com](http://www.TheAndyProject.com) or stop by the Library to learn more.

#### Field Trips for Children

The Library will host several free activities for children during the month of August. Children from Hanover and surrounding towns are welcomed.

Aug. 5, Wednesday, 10 a.m.: Tour of Sensible Smiles located at 2082 Main Street, Hanover (formerly Gordie Howe's Store) in Hanover. Please meet at the Library at 10 a.m. Owner Joann Moulton of Hanover will teach children about healthy snacking and dental health. Participants will assemble and package their own Sensible Smiles snack kit. Delish!

Aug. 12, Wednesday, 10 a.m.: Guided walk by Miss Peggy to Indian Rock, Hanover. See, touch and explore this huge glacial rock. This is a short, easy hike through a wooded path. Please pack a lunch for a picnic at the rock. Children may be accompanied by a parent. They will meet at the Library at 10 a.m. and carpool to the trail head.

Aug. 19, Wednesday, 10 a.m.: Free Jenga game and decorate your own Jenga bag. All supplies will be provided. Meet at the Library.

Library Trustees, Tuesday, Aug. 11 at 6 p.m.; Planning Board, Wednesday, Aug. 12 at 5 p.m., Town Office; Select Board, Tuesday, Aug. 25 at 6 p.m., Town Office.

For news, questions, comments, please e-mail [HannoverMENews@gmail.com](mailto:HannoverMENews@gmail.com).

#### Locke's Mills

By Amy Wight Chapman



The Greenwood Historical Society has a new Facebook page, so if you're a user of Facebook, be sure to visit it, "like" it, and

share it with your friends. The page will be used to share information about GHS events as well as some wonderful old photos. It would be great to reach as many people as possible, especially with Greenwood's big Bicentennial celebration coming up in 2016.

The current cover photo on the GHS Facebook page is of Nettie Maxim's three children in a pumpkin patch, taken around 1904 and scanned from one of the hundreds of glass plate negatives in the society's collection. The clarity and detail of the photo are remarkable, especially when you consider the long exposure time that was required by cameras of that era. Nettie's legacy of photographic work is a real treasure that our town is fortunate to have. You can see more of her photos, as well as her 1890s-vintage camera, on display at the GHS, which is open on Saturdays from 9 to 12 in the summer, and other times by appointment.

In the photo on the GHS Facebook page, the children are playing "pumpkin stem horns," according to information that presumably came from Nettie's own notes. I had never heard of such a thing, but a quick Internet search turned up both instructions for making them, in *The American Boy's Handy Book*, originally published in 1888, and a reference from the 1856 journal of Henry David Thoreau: "Heard this forenoon what I thought at first to be children playing on pumpkin stems in the next yard, but it turned out to be the new steam-whistle music, what they call the Calliope (!) in the next town."

We visited the Sabbath-day Lake Shaker Village on Sunday for Open Farm Day. It rained off and on, but not as hard as it rained last year when we were there for the same event. Even in the rain, it's always fun to visit our two- and four-legged friends there, tour the barn and herb gardens,

and buy a few of Brother Arnold's special hot and spicy dill pickles. If you missed Open Farm Day, there are several more fun, free events coming up at SDL, including the Maine Native American Summer Market on Aug. 22, the Harvest Festival on Oct. 10, and the Christmas Fair on Dec. 5. Check out the website, [maineshakers.com](http://maineshakers.com), for details.

In the past week or so, I have picked raspberries twice at Ira Gibson's farm on the North Road. I froze some and made two batches of jam. I've also picked both high-bush and low-bush wild blueberries. We have a clump of high-bush ones at our camp that never fails to produce at least a few cups of berries every summer, and I picked over a quart one afternoon last week. I won't reveal the location of the low-bush blueberry patch where I picked another couple of quarts, but I will say thanks again to the friend who shared the secret with me!

Speaking of blueberries, remember that this Saturday is the annual Blueberry Festival at the Locke Mills Union Church. It starts at 7:30 and goes until they are sold out, but plan to get their early and enjoy blueberry pancakes for breakfast — or a slice of blueberry pie or an ice cream sundae, if you prefer! They will also be selling fresh blueberries, baked goods, and attic treasures.

The Greenwood Historical Society will meet next Wednesday, Aug. 5 at 7 p.m. at the Historical Society building on Main Street in Locke's Mills. Gordon and Owen Morgan will present a program on Samuel Morgan. Attendance at their last meeting was terrific, and the new Facebook page should help to spread the word, too. Let's keep that great level of interest up!

E-mail your news to [amy.w.chapman@gmail.com](mailto:amy.w.chapman@gmail.com), leave a message at 875-5511, or contact me on Facebook.

#### Mason

By Richard Grover



Last week I cut three cedar trees to make 10 foot posts to replace three broken posts in my garden fence. After I dragged the trees home, I started cutting 10 foot poles out of them, when I discovered one of them was hollow. I could get 3 good posts out of the other two trees, so I sawed the hollow tree into firewood length to make kindling out of. In the process I discovered a mouse nest in one hollow log, with three live half grown mice in it. I killed two mice and went to get Shiloh to come kill the other one. Shiloh would pick up the live mouse but would not kill it no matter how I coached, scolded, cajoled or stomped my foot. I finally gave up and demonstrated how to kill the mouse. I guess Shiloh is totally without the killer instinct!

Other than that, my luck continued bad. I had trouble with my 13 year old JD lawn tractor. After three or four trips to Bethel, dropping it off and retrieving it, I still could not get the tractor to run, so in frustration, I gave it up and bought a new one, a size or two larger to contend with my large area to mow. It's only money!

On Thursday last week I took Shiloh and a couple of 10 quart buckets and hiked up the Coburn Brook route to Rufford Whitecap Mountain to check out the blueberries. I also carried two canteens of water, one for me and one for Shiloh. It was quite warm, but not oppressively hot, and we were on the first open ledges in about 45 minutes from the road. As we were coming out on the first of the open ledges, we caught up with an elderly threesome (probably about my age) with a dog. Of course, Shiloh had to check out the dog, just sniffing around, when the woman told me

to get my dog away. When I assured her that Shiloh was harmless, she said, well he's drooling on my dog! I called Shiloh, and we went around that group. There were lots of berries just off the trail, and I had about 11 or 12 quarts of tiny berries in about 3 hours (with fingers, no rake!).

#### Newry

By Doug Webster



At the last Selectboard meeting, Town Administrator Retta Powers reported that the Tri-Town (Newry, Hanover, and Bethel) Transfer Station has gotten a little closer to the switch to becoming a single stream facility. She said that the compactors have been ordered and the change-over should be completed sometime in the fall.

Negotiations will continue between the Newry Withdrawal Committee and the School Board. Retta read a letter from the Commissioner of Education. The Commissioner stated he had no authority to suspend negotiations between the two parties as the School Board had requested. The next negotiation meeting is scheduled for July 31. The next regular withdrawal meeting will be Aug. 6. If anyone is interested in the Newry withdrawal process, look at the committee's proposal on the Newry website, [newrymaine.org](http://newrymaine.org). If you like creative and out of the box thinking, then it is a must-read.

New "Welcome to Newry" signs are being worked on by Donny Katlin. They are much needed; the old ones are in rough shape.

Brooks Morton gave his perspective on how the Bingham Forest Authori-

ty's recreation area might affect Newry. He played a promotional video from the Mahosuc Pathway's website. The video talked about the prospects of having a world-class multi-use trail system and the benefits it would create for the community. Retta told the Selectboard that the Bethel Town Manager had asked the Newry Town Office if they had a procedure that would make it possible to make the Newry portion of the Bingham Forest Land tax-exempt. Retta said the town has no such process.

Sunday River had its Tough Mountain Challenge last weekend. My wife and two kids entered the run. I walked the loop for moral support and managed to stay clean. Other Newry-ites I saw who entered and raced were Ed Powers, Mandy Berry, Jason Berry, and Sarah Berry. What a race! Everyone is super-friendly and helpful on the course. For most people, it is not about winning; it is about finishing and team camaraderie. All in all, it is a great race with a lot of creative obstacles. One of the best, I think, is the crawl under barbed wire! My wife said she signed me up for next year's race. I guess I better start training now.

#### South Woodstock

By Lolalee Dillingham



8:07 a.m., July 27  
Good morning y'all. It's a cloudy overcast day with temperature reading 65.3 degrees.

Our condolences are going out to the families of Marie Dyke, Dolly Hebert, Jim Guilmet, Larry White, June Moore Andrews, Dianne Hammond, Virgil Giles and Stewart Cummings. Our thoughts and prayers for

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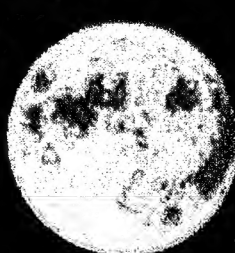
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FRIDAY, JULY 31  
FRIDAY, AUG 28  
FRIDAY, SEPT 25

BLUE MOON  
STURGEON MOON  
HARVEST MOON

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Cocktail Reception: 6:30-7:00PM • Dinner: 7:00PM  
Reservations required: 800.543.2754

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each family member.

The Bethel Alliance Church in Bethel will be holding their community supper Wednesday, July 29 starting at 4:30 p.m.

Yogi and I and Shirley Brackett drove to Livermore where we attended the funeral services for our friend, Jim Guilmet this morning at 11 a.m. Jim lost his fight with cancer after several months.

Yogi and I joined my niece, Dori, for lunch at Maurice's for lunch last Thursday.

I joined my niece, Dori and her friend Darlena Shackley for lunch Wednesday, we try to get together every month just for a girls day together, catching up on what's going on with us.

Plans are in the making for the Down East Country Music Association's 35th Annual Country Music Award show that will be held at the Silver Spur in Mechanic Falls on Aug. 23 starting at 12 noon. More on this later on in the month.

Well, dear readers, that's all from the valley this week, enjoy your weekend, have fun and stay safe.

## Upton

By Joe Bernier



Upton "Fun Day" 2015 will be Saturday, Aug. 15. Most of the local organizations are

working on plans for their respective participation in the events of the day. It takes a lot of effort to get everything organized and scheduled. Penny opines that "Fun Day" has taken over our lives.

Rose Stevens, elected town clerk of Upton, resigned. She cited conflict of work schedule as her primary reason. Thank you Rose for your years of service and dedication to the town.

The Upton Selectmen held an emergency meeting to appoint someone to finish Rose's term. Leslie Aron was appointed and accepted the position. Leslie has not yet had the training required for processing motor vehicle registrations. She can collect the excise tax and perform other clerk duties but anyone wishing to register a vehicle must go elsewhere. Newry has agreed to this service during this interim or it can be done in Rumford at the Bureau of Motor Vehicles. Leslie expects to attend a class Aug. 19 to get the required training.

Complaints about Back Street from residents and taxpayers are coming in. The selectmen have been in contact with the contractor that was hired to grade the road. Everyone would like the grading completed before it snows.

The Upton Planning

Board will meet Friday, July 31 at the town office. They will have a workshop beginning at 6:30 and will start processing building applications at 7.

Please call 533-2010 or e-mail backstjoe@gmail.com with your news.

## Waterford

By Rockie Graham



Friday, July 31, we get to witness an uncommon event, a blue moon. That is a "second full moon in a single month. I hope to be out to look at it; that is assuming it doesn't rain buckets. It has done a lot of that this summer, but I do not think it is expected this Friday. Of course, the weather forecasters are rarely right, so who knows. We have to just wait and see.

This weekend, I also am looking forward to my friend Rob's wedding. He is all psyched about it and I am psyched for him. He deserves it. Couldn't happen to a nicer person.

Thursday, July 30, at the Norway library at 6:30 p.m., New Hampshire author, Carl Howe Hansen will read from his novel, "Destiny." Hansen has lived all over and worked as a musician, skier, cabinet maker, and writer. His book is available at Books N Things in Nor-

way and at the event. FMI please call: 743-5309.

Saturday Aug. 1 "Day Lily Day" plant sale to support the Community Hearing Project Fund. It is being arranged by Karen Paul. FMI please call: 836-2266.

Monday, Aug. 3 at the Waterford Library, 2 to 4 p.m. the knitting group will meet. All levels of knitter are welcome. FMI: 583-2050.

Also on Aug. 3 at the Waterford Library, Socrates Café will meet at 6:30 to 8:30 p.m. The topic is: What characteristics would you choose for Mt. Rushmore's fifth president. Moderator will be: Richard Balian. FMI call 583-6957.

Next week, Friday, Aug. 7 at the Main Street Gallery, they will hold the First Friday Reception from 5 to 7 p.m. at the Gallery on 426 Main Street, Norway. FMI e-mail Linda Isham isham@aol.com

Saturday, Aug. 8 at the Albany Town House on Hunt's Corner Road in Albany there will be a Saturday Night Dance from 7:30 to 9:30 p.m. This is to celebrate the renovations to the town house. Music will be by Shadagee Ramblers. FMI call 824-2216.

Still in need of a housemate. Call 743-0583. Leave a message.

That is all for this week. Stay cool and use that sunscreen. Have a great week.

## Andover Olde Home Days Schedule

Celebrating 35 years of Olde Home Days  
Honoring Traditions  
and Celebrating New Beginnings

Thursday

Garden show judging

Friday

T-shirts, Buttons and 50/50 raffle tickets on sale on the common.

All day vendors, crafts, games and food on the common and free horse-drawn wagon/barrel train rides on Main Street.

5 to 8 p.m.: Art display of area and local artists past and present at the old telephone office (Addie's).

6:30 p.m.: Noel Palmer, Marshall Meisner Band concert on the common.

Saturday

8 a.m.: Road race at the elementary school (registration is 7 to 7:45).

8 a.m.: Coffee, donuts, cookie walk and lunch at First Congo Church.

8 a.m. to 2 p.m.: Antique/classic car show at Akers Field. 9 a.m. to 2 p.m.: Flower show and display at the Historical Society and Photography Contest at the Town Hall (downstairs).

9 to 10 a.m. and 11 a.m. to 3 p.m.: Art display of area and local artists past and present at the old telephone office (Addie's).

10 a.m.: Parade (lineup at 9, judging at 9:30).

10 a.m. to 4 p.m.: Book sale at the library.

11 a.m. to 4 p.m.: Pennacook art show at the library.

11 a.m.: Chicken Barbeque at the Fire Station.

11:30 a.m. and 1 p.m.: Button drawings on the common.

12:30 p.m.: Cow Chip Flip at Grimaldi Field.

1 p.m.: Men's and Women's skillet contests at the Little League Field and Tractor Pulls at Grimaldi Field.

1 p.m.: Brothers Bob/Tom Remington will speak and sign books at Town Hall.

3 p.m.: Lawn tractor race at Grimaldi Field.

## DamJam 2015 arrives Aug. 1

Denmark's home-grown music fest turns 4 this year, with a celebration worthy of a princess. Produced by the Denmark Arts Center (DAC), DAM JAM 2015 features our most diverse musical lineup to date, supported by fantastic food, drink, and art, for a festival that promises to finally tattoo Denmark onto the Maine summertime map.

The festivities kick off at 3 p.m., with an hour-long performance by Arabiqa Ensemble, a Boston-based duo specializing in bringing to life the unique music and culture of the Arab world, through instruments and dance. Led by Boston Conservatory of Music faculty member Karim Nagi, Arabiqa has performed and lectured at Harvard, Yale, and MIT; and been featured at festivals from Alaska to the National Gallery in Washington. We are thrilled to be able to bring Mr. Nagi and his unique brand of cultural ambassadorship to Denmark, where he will both perform, and lead a workshop for ages 5 and up afterwards.

Following Arabiqa will be the neo-psychedelic tones of Portland's own Jeff Beam & Friends. Longtime friends of Denmark, Beam & Co. were last seen locally with their unique DAC-Northeast Historic Film collaboration, *Stories from the Past*, placing new scores to old Maine films.

Hot on Jeff Beam's tail will be the mesmerizing Ruby Rose Fox, whose soulful, gospel-tinged rock sounds have made her one of Boston's breakout talents. Anchored by their eponymous front-woman's low, sultry, voice, this 9-piece band channels the spirits of Elvis, Amy Winehouse, and Land Del Rey with a big, bold sound that promises to set Denmark ablaze. Hot on the heels of a new record, and freshly crowned "Best Boston Band" by a handful of that town's local media (Improper Bostonian, Boston Music Awards), Ruby Rose Fox bless the DamJam with their first—but surely not last—Maine performance.

The first of our two headliners, Saintseneca, follows. Hailing from Columbus, Ohio, this five-piece folk rock band has carved an enviable path across the alternative music landscape over the past 18 months, earning critical raves and collecting a rabid fan base who knowingly proclaim them as a neo-Wilco, citing their musical virtuosity, lyrical ingenuity, and transcendent live performances. Making their only Maine appearance of 2015, Saintseneca are sure to command veneration at Dam Jam 2015.

Maine's own O'Death takes our second headliner slot. Beloved statewide and beyond for their manic, boisterous live show no less than their utterly original re-imagining of American Roots and Appalachian music, O'Death are a past staple of such festivals as KahBang and the Free Range Music Festival. If you've not experienced their brand of Gothic alt-country before, you owe it to yourself to catch them here, at their only Maine show of the summer.

Closing out the bill will be the electro-rock soundscapes of Portland's Leveret. Praised with the best-produced Maine record of the year so far (the quantum-leap of *Action at a Distance*), Leveret are a young band who has come into their own in a big way.

Supporting all this musical goodness will be a full-fledged Artists' Midway, featuring interactive games and artistic experiences for all ages; a wide-ranging Food Court, featuring home-grown Barbecue, hand-rolled Burritos, and all manner of cafe fare, and our signature Beergarden (21+ with VALID ID), offering a refreshing pause in the festivities.

It all gets underway at 2:30 p.m., and runs right through to 11 p.m. The whole thing is a benefit for the Denmark Arts Center, so come on down, bring the family, and make a day of it here in Denmark.

See [www.thedamjam.com](http://www.thedamjam.com) for full information.

## Open Air

BY TOM REMINGTON

### Critter inventory

Camp can be a major intersection of wildlife ... or not. Usually during the course of the summer, I have been able to observe lots of wildlife. This year seems to have been a good year with more and different critters showing up at odd times.

My brother arrived at camp a couple weeks before I did and emerging from his own "cave" one morning he was met instantly with the look of a surprised black bear that promptly did a 360 and dashed into the thick brush (He must have looked big). To my knowledge that's the first time a bear has been on our property. There has been a bear in the neighborhood for several years and so I suspect it has visited without my knowledge. We have not seen the bear again, although the neighbors continue to have their bird feeder messed with.

Also early on, a pile of turkey feathers were found nearby, prompting my suspicions that either the resident gray fox or the coyote were busy hunting. However, for a couple of weeks in early June a hen turkey fed daily in our small dell and then suddenly disappeared. I believe she was tending a clutch of poults and got raided in the night.

Moving firewood from a pile further down the lot, I discovered a hole in the ground at the base of a small pine tree. More than likely this is one entrance/exit to a ground hog den. We've spotted the "greedy one" a couple of times but seems to be minding his own business.

Sitting on my deck one morning, nursing a sore back, I wondered why we had yet to be visited by the resident doe deer showing off her fawn. A few minutes later, lo and behold the little spotted fawn stood face-on in the middle of the opening as if to say, "You feel better now?"

The fawn appeared larger than what I am accustomed to seeing at that time of the

year; perhaps an indication that the mother fawned earlier in the spring. This should help the newborn to be bigger and stronger to endure the harsh winter ahead, as well as the constant harassment from larger predators, i.e. bear, coyote, bobcat, lynx.

I am seeing some photos and hearing reports that the buck deer are rapidly growing new sets of antlers; always a wonderful sight seeing large antlers in velvet.

My brother and I were visiting on the deck when suddenly appearing on the lawn was a large coyote. Unafraid, the varmint stood broadside and stared at us both, eventually walking back into the woods. The coyote was brown and reddish brown and quite tall. What struck me the most was the wild dog's ears and shape of its head. Typically a coyote has long pointy ears. This one had more rounded and a bit shorter ears and the head appeared broader than what I have come to expect.

Maine coyotes, it has been determined, are a cross-bred mixture between what is called an "Eastern coyote," an "Eastern wolf," and domestic dog. Surely this creature was a mixture. I remarked it that the animal more closely resemble a hyena than a coyote.

Just yesterday, while eating my lunch on the deck, the gray fox slowly strolled through the dell and disappeared into the tall ferns to the north. This guy's been around camp for a long time, once trotting through the yard in the middle of the night as a couple of us sat around the campfire. We often hear barking foxes.

We enjoy watching the birds and listening to their chimes. This summer the hermit thrush don't seem to be finishing their early morning and late evening musical compositions but they are bravely gathering bugs and worms of ten right under our feet.

I nearly forgot to mention that in early June, sitting by the campfire attempting to stay warm and dry, all of us observed a mature bald eagle circling just above the tree-tops.

It appears wildlife inventory has been completed for this year.

## UMF Spring 2015 Dean's List

The University of Maine at Farmington announces its Dean's List for the spring 2015 semester. UMF maintains a Dean's List each semester for those students completing a minimum of 12 credits in courses producing quality points. Students whose grade point average for the semester is equal to or greater than 3.8 are listed with high academic achievement. Students whose grade point average for the semester is less than 3.8 but equal to or greater than 3.5 are listed with academic achievement. Any incompletes must be satisfactorily completed before the student is honored with Dean's List status. Academic achievement awarded at commencement is based on all course work taken at UMF.

Britany Douglass, Albany; Sumaya Hamdi, Andover; Susan Newkirk, Bryant Pond; Jessica Casey, Upton; Kurt Mason, West Bethel.

## UMA 2014/2015 Dean's List

UMA Provost Joseph Szakas has announced the University of Maine at Augusta's 2015 Spring Full-Time Dean's List and the Fall 2014/Spring 2015 Part-Time Dean's List. The Full-Time Dean's List is issued once a semester and the Part-Time Dean's List is issued once a year. To qualify for the Dean's List, students must achieve a grade point average of 3.25 or higher.

Laurie Hanscom Harmon, Albany; Brittany Kesseli, Bryant Pond; Tara Lunney, Bethel; Tia Sprague, Bethel.

## Rensselaer Medal and scholarship recipient

For more than 90 years, Rensselaer Polytechnic Institute, in conjunction with high schools around the world, has awarded the Rensselaer Medal and scholarship to promising high school juniors who have distinguished themselves in mathematics and science. Rensselaer is pleased to announce Nathaniel Bennett as a 2015 winner of the Rensselaer Medal. Nathaniel resides in Oxford and is a student enrolled at Hebron Academy.

## Western Maine Art Group event

The Western Maine Art Group continues its summer season with a First Friday Reception Aug. 7 from 5 to 7 p.m. at both, the Main Street Gallery, 426 Main Street, and the Matolcsy Art Center, 480 Main Street. Both galleries will be exhibiting the work of fine artists and artisans living and working in Western Maine.

Featured at the Main Street Gallery in August are the photographs of Steve Traficonte, Western Maine Art Group's Artist of the Month. Mr. Traficonte is a prize-winning fine art landscape photographer.

In addition, the Main Street Gallery will feature artworks by its members featuring the color blue, while the dominant theme at the Matolcsy Center will be the color yellow.

Please join us at our opening and view the collection of original arts, mosaics, landscapes, figurative paintings, still life paintings, jewelry, and more.

The Main Street Gallery is open Tuesday through Saturday from 10 a.m. to 4 p.m.

After Aug. 7, the Matolcsy Art Center will be open Thursday through Saturday from 11 to 3. For more information, art classes, demonstrations, and special trips sponsored by the WMAG visit [westernmaineartgroup.org](http://westernmaineartgroup.org) and Facebook, Main Street Gallery. The gallery is free and open to the public.

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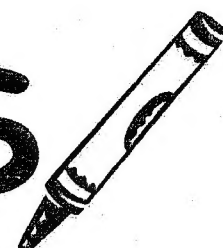
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# MAHOOSUC KIDS



Enrichment opportunities for the children in SAD #44

## From the Director

Mollyockett week always marks the halfway point in our summer! We have had such a great time with our kids and staff this summer. One of the highlights was the "concert in the park" that was moved to the Oxford Hills Middle School - Rick Charette was awesome and took some time singing, talking, and taking pictures with the whole camp. They loved the field trips to the Children's Museum, Portland Head Light and Crescent Beach. Check out our Facebook page as we have posted picture albums of all of our trips! We are also now on Instagram - follow us at #Mahoosuckkids. It has been really fun with our Themes this summer - my favorite so far has been Thanks for Giving - complete with a traditional Thanksgiving lunch on Friday and a community service project of trash pick up and donating books to the Bethel Library book sale. Of course it wouldn't be summer camp with out swimming - great weather this summer for afternoons at Greenwood, Angevine and the River. We are so pleased with the turn out for swimming lessons at the Riverview. We have 50 children taking lessons this summer and unfortunately had to turn kids away. We will look at expanding the program next year. We still have plenty of camp left...come join us!

Julie Hart,  
MKA Director



Ben, Emma, Sawyer, and Vincent have fun in the waves at Crescent Beach.



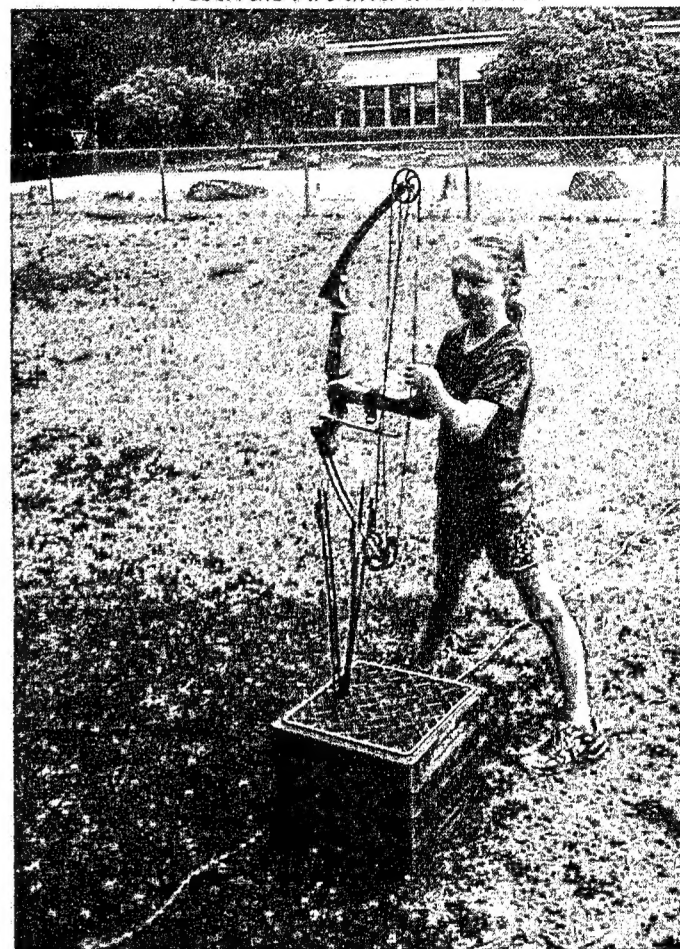
Oliver, DJ, Ben, Kimball, Zac, Jake, and Becca, with their sand castles at Crescent Beach.



Exploring the tidal pools at Crescent Beach.



Wyatt Scott with the Mardi Gras mask and crown he made on week two: "Festivals Around the World."



Gianna DeVivo at the archery enrichment.



The Pioneers take a break on their recent hike to Buck's Ledge.



The Pioneers at Buck's Ledge.



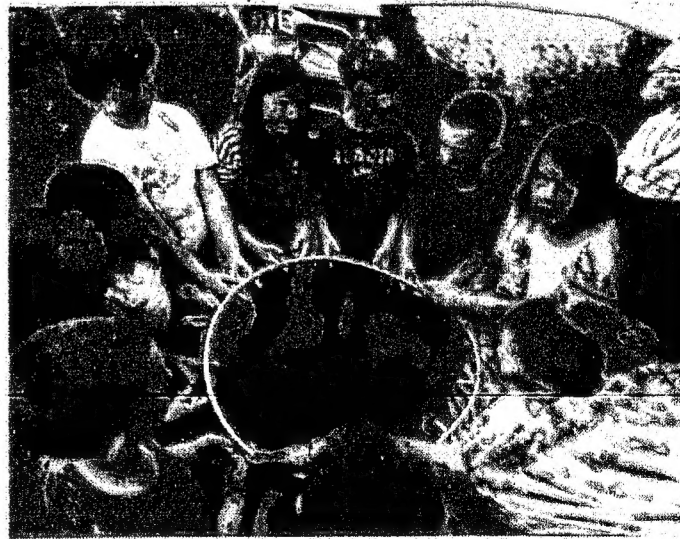
Pioneers, Isabella DeVivo and Celia Melanson learn how to safely build fires at the Bryant Pond 4-H Camp and Learning Center.



The Pioneers and Voyagers at Portland Head Light.



The Explorers with their counselors Kayla Merrill, and Riley Gilbert at the Children's Museum.



Team building with the Voyagers.

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# COMMUNITY CALENDAR

**District Exchange;** Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours - No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

**Bethel Area Food Pantry;** serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street.

**Scribner's Sawmill and Homestead Tours;** 1 to 4 p.m., first and third Saturdays of the month throughout the summer. A minimum \$5 donation per adult is requested. All funds are used for the continued restoration of the site. To schedule a group tour or school field trip, call Nancy Grigg (674-4459). To arrange for a private tour, call 583-6455.

**Waterford Grange Craft/Yard Sales;** Fridays and Saturdays, 9 a.m. to 2 p.m. throughout the summer, Waterford Grange 479, Route 35 next to the North Waterford Post Office.

**The Art of the Commonplace;** An exhibit of watercolor paintings by Betsey Foster, featuring local people, local events, and local nature. The exhibit is at The Local Hub on Main Street in Locke's Mills. It will be on display through July.

July 30, 31 and Aug. 1

**Families in Crisis Task Force Back to School/Yard Sale;** 9 a.m. to 4 p.m., 659 Park Street, South Paris. Lots of gently used clothing including brand name shoes and accessories.

Thursday, July 30

**20th Annual Source to the Sea;** 5:30 p.m., After hours paddle at Otis Mill in Jay. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

Friday, July 31

**20th Annual Source to the Sea;** 8:30 a.m., Twin Bridges to Center Bridge. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

Aug. 1 and 2

**"Back to the Past" Event;** 10 a.m. to 4 p.m., Scribner's Mill, 244 Scribner's Mill Road, Harrison. This annual event offers something for everyone, including two full days of demonstrations, exhibits, house tours, children's activities and good food. Special this year will be demonstrations of historic and current horse logging and saw milling methods. Admission: \$8/adults, free for children 12 and under. FMI: 583-MILL (6455).

Saturday, Aug. 1

**Locke's Mills Blueberry Festival;** 7:30 to 11 a.m. (or until sold out), Locke Mills Union Church. Blueberries, pancakes, pies, sundaes, baked goods and treasures.

**20th Annual Source to the Sea;** 8:30 a.m., Center Bridge to Gulf Island. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

**"Daylily Day" Plant Sale;** 9 a.m. to 12 p.m., Nabos. Lilies, Hostas, Iris, Astilbe and more. Proceeds to support the Community Hearing Project Fund. FMI: Karen Paul (207-836-2266).

**Youth Football Clinic/Cookout;** 9 a.m. to 12 p.m., Telstar High School. Open to children grades 2 through 12 in the greater Bethel area. No need to sign up in advance, just show up on the day of the clinic. This serves as a great meet and greet for coaches, players and parents. FMI: Grades 2 through 8 Jody Swallow (890-9606), Grades 9 through 12 Lou Bran (562-4337) or Tim Mason (577-6149).

**DamJam 2015;** 2:30 to 11 p.m., Bicentennial Park, Denmark. Featuring live music from a diverse group of bands. \$15/advance, \$20/day of show. FMI: [www.thedamjam.com](http://www.thedamjam.com).

**Ellis River Riders Gymkhana Night Show;** 3 p.m., 78 Airport Road, Andover. Participant fees: \$5 per class (members), \$7 per class (non-members), \$1 number fee, \$3 replacement number fee, \$6 trophy fee, \$10 Registration fee (waived with early online registration). Parking and spectator admission is free. Food booth open. FMI: [www.ellisriverriders.com](http://www.ellisriverriders.com).

**Roast Pork Supper;** 5 to 6:30 p.m., Blazing Star Lodge, Rumford Point. \$8/adults, \$5/children 12 and under.

Sunday, Aug. 2

**Uptown Cruizahs Car Show;** New Balance Factory Store, Route 26, Oxford. Registration: 7:30 to 11 a.m. (\$5 per car). Show participants will vote in each of 23 classes up to 12:30 p.m. Awards will be held at 2 p.m. There will be giveaways and refreshments throughout the day. Music will be provided by Red Wing. Proceeds will benefit local organizations.

tions such as Santa Visits Oxford, Maine Veterans' Home activity Fund, and Good Shepherd Food Bank. FMI: Les Wing (890-0870) or Dan Tripp (743-8073).

**20th Annual Source to the Sea;** 8:30 a.m., Auburn to Rancourt Preserve. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

**Ellis River Riders Open Show;** 9 a.m., 78 Airport Road, Andover. Participant fees: \$5 per class (members), \$7 per class (non-members), \$1 number fee, \$3 replacement number fee, \$6 trophy fee, \$10 Registration fee (waived with early online registration). Parking and spectator admission is free. Food booth open. FMI: [www.ellisriverriders.com](http://www.ellisriverriders.com).

**Free Chamber Music Concert with Dupont String Quartet;** 4 p.m., United Methodist Church of Bethel, 75 Main Street. The mission of the DSQ is to connect audiences to composers and their influences by bringing to life the human context of each score's creation. They achieve this mission through: Performance, Research, Discussion, Insight, Varied Style, Themed Programs, Education and youth access.

Aug. 3, 4, 5, 6 and 7

**Vacation Bible Adventure;** 6 to 8:30 p.m., Bethel Alliance Church, 251 Walkers Mills Road (across from Telstar parking lot). Everest: Conquering Challenges with God's Mighty Power. All kids ages 4 years through fifth grade are welcome. FMI: 207-824-2289.

Monday, Aug. 3

**Socrates Café Meeting;** 6:30 to 8:30 p.m., Waterford Library. Topic: What Characteristics Would You Choose For Mt. Rushmore's Fifth President? Moderator: Richard Balian. Light refreshments provided. FMI call 583-6957.

Wednesday, Aug. 5

**Kids' Tour of Sensible Smiles;** 10 a.m., meet at Gardner Roberts Memorial Library. Jean Moulton will teach children about healthy snacking and dental health. Participants will assemble and package their own Sensible Smiles snack kit.

**Youth Football Signup;** 5 to 7 p.m., Greenwood Practice Field, Howe Hill Road. FMI: Tim Mason (577-6149) or Jody Swallow (890-9606).

**Greenwood Historical Society Meeting;** 7 p.m., Historical Society building in Locke's Mills. Gordon and Owen Morgan will present a program on Samuel Morgan (1748-1772).

Aug. 6, 7 and 8

**A Very Potter Musical;** 7 p.m., Telstar High School auditorium. This is the Bethel Community Theater's first-ever production, with a cast and crew of amazingly talented local teens and adults who offer a riotous performance that is worth the drive for Potter/Starkid fans from across the state. Free admission on a first come, first served basis. Reserve seats at <http://www.eventbrite.com/e/a-very-potter-musical-tickets-17732925653?aff=es2>. This show is Rated PG-13.

Thursday, Aug. 6

**20th Annual Source to the Sea;** 5:30 p.m., Auburn after hours paddle. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

Friday, Aug. 7

**20th Annual Source to the Sea;** 8:30 a.m., Durham to Lisbon Falls. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

**Youth Football Signup;** 10 a.m. to 12 p.m., Greenwood Practice Field, Howe Hill Road. FMI: Tim Mason (577-6149) or Jody Swallow (890-9606).

**First Friday Reception;** 5 to 7 p.m., Main Street Gallery (a cooperative of Western Maine artists) 426 Main Street, Norway. FMI: Linda Isham (lirisham@aol.com).

**Spaghetti Dinner;** 6:30 p.m., Fryeburg New Church Assembly, 84 Main Street, Fryeburg (across from the Visitor's Center). \$9 per person, gluten-free and vegan options available.

Saturday, Aug. 8

**2015 Dole Three-Miler Race;** 8 a.m., Mountain Division Rail Trail at the Maine State Visitor Center, 97 Main Street (Route 302) Fryeburg. Registration: \$20 in advance, \$25 on race day. Proceeds to benefit Fryeburg New Church Assembly, the Fryeburg New Church and the Mountain Division Rail Trail. FMI/Registration: [www.dole3miler.com](http://www.dole3miler.com).

**20th Annual Source to the Sea;** 8:30 a.m., Topsham to Brunswick. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

**MLT Whitecap Gourmet Hike;** 9 a.m., Whitecap trailhead off East Andover Road, Rumford. This is a moderately strenuous hike. Hikers are asked to bring water, hiking/rain gear and a gourmet dish ("gourmet" meaning anything

that's an upgrade from PB&J). FMI: 824-3806.

**Oxford Hills Honey Bee Club Potluck;** 1 p.m., 16 Bill Howe's Road, Norway (for directions go to mainehoneybees.com). Bring your favorite dish, and lawn chair. Club will be providing Hamburgers, Hot Dogs, and Beverages. Weather permitting there will be an open hive, so bring your bee veil. FMI: Kevin (farout@roadrunner.com).

**Woodstock Historical Society Meeting/Cookout;** 6 p.m., Universalist Church yard, Grove Street, Bryant Pond. Please bring a dish to share. All are welcome to attend.

**Saturday Night Dance;** 7:30 to 9:30 (doors open at 7), Albany Town House. To celebrate extensive renovations to the old hall - including the recent installation of indoor plumbing - the Albany Improvement Association invites one and all to hit the dance floor and enjoy the music of the Shadagee Ramblers. Tickets: \$5. FMI: 824-2216.

Sunday, Aug. 9

**20th Annual Source to the Sea;** 8:30 a.m., Brunswick/Merrymeeting Bay, Water Street in Brunswick. FMI: Becky Secrest (207-824-3813, 207-754-8158, beckys@oxfordnetworks.net or trek@androscoogginwatershed.org) or visit <http://androscoogginwatershed.org> or <http://arwc.camp7.org/>.

Monday, Aug. 10

**Essentials of College Planning for adults 19 and over;** 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

**Mahoosuc Community Band End of Summer Concert;** 7 p.m., West Parish Congregational Church UCC, Church Street, Bethel. Come and hear familiar favorites. Donations accepted. Refreshments will be served.

**Town of Andover Board of Appeals Hearing;** 7 p.m., Andover Town Office.

Tuesday, Aug. 11

**Potluck Supper, Fiddle Music and a Movie;** 6 p.m., Waterford Library, 663 Waterford Road. The Waterford Library & Farmers Market will sponsor a showing of "Growing Local", provide a potluck dinner and Jeanine Loubier will play the fiddle for your entertainment.

Wednesday, Aug. 12

**Kids' Walk to Indian Rock;** 10 a.m., meet at Gardner Roberts Memorial Library. Miss Peggy will guide kids on a short, easy hike through a wooded path to explore a huge glacial rock.

**Bethel Senior Citizens Club Meeting;** 11 a.m., Stony Brook Campground, Hanover. Members will bring a salad or dessert to share.

**Author Reading and Book Signing with Carl Howe Hansen;** 6:30 p.m., Bethel Library, 5 Broad Street, Bethel. Former Bethel resident Carl Howe Hansen will speak and read from his recently published first novel "Destiny," an environmental thriller. Books will be available for purchase. A portion of proceeds from the sale of this book will benefit the Island Institute, a nonprofit organization that promotes community sustainability on Maine's islands. FMI: 824-2520.

Saturday, Aug. 15

**Upton Fun Day;** 7 a.m., breakfast in Upton Ladies Aid building. 9:30 a.m., parade line-up at 142 Thistle Street. 10 a.m., parade, merchandise, food vendors and children's carnival open on Mill Road. 10 a.m. to 1 p.m., Upton Historical Society display on the second floor of the Upton Schoolhouse. 1 p.m., cake and ice cream at the Ladies Aid building. 2 to 3 p.m., Chinese Auction viewing at the Upton House Barn on 260 Thistle Street. 3 p.m., Chinese Auction (must be present to win). 5 p.m., Upton Union Church service with Rev. Jane Rich presiding. Free parking.

**Free Pesto! Workshop;** 10 a.m. to noon, Alan Day Community Garden, 26 Whitman Street, Norway. Fresh basil will be used to make three different pesto recipes. Bring a jar to bring some home. Recipes and ingredients provided. FMI: 743-9908.

**Kate Schrock and Glen DaCosta in Concert;** 7 p.m., Alan Day Community Garden, 26 Whitman Street, Norway. This concert will benefit the Garden's plans to build an open covered pavilion for workshops and other events. Tickets will be sold on a sliding scale of \$10 to \$25. Kids under 12 will be admitted free. It is suggested that you bring your own chairs. FMI: [AlanDayCommunityGarden@gmail.com](mailto:AlanDayCommunityGarden@gmail.com), 743-2423 or [alandaygarden.wordpress.com](http://alandaygarden.wordpress.com).

Wednesday, Aug. 19

**Kids' Jenga Game;** 10 a.m., Gardner Roberts Memorial Library. Free Jenga game and decorate your own Jenga game. All supplies will be provided.

Thursday, Aug. 20

**Breau's Too Cruise Night;** 5:30 to 7:30, Breau's Too parking lot, Bryant Pond. FMI: 665-2554.

Monday, Aug. 24

**Essentials of College Planning for adults 19 and over;** 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

## REGULAR MEETINGS AND EVENTS

### MUNICIPAL

**Bethel Selectmen:** Second Monday of the month, 7 p.m., Town Office.

**Bethel Planning Board:** Second and fourth Wednesdays of the month, 7 p.m., Town Office.

**Bethel Water District:** Third Tuesday of the month, 7 p.m., Town Office.

**Gilead Selectmen:** Second Wednesdays of the month, 6 p.m., Town Office.

**Gilead Planning Board:** First Thursdays of the month, 7 p.m., Town Office.

**Greenwood Selectmen:** First and third Tuesdays of the month, 5 p.m., Town Office.

**Hanover Selectmen:** Third Tuesday of the month, 6 p.m. unless otherwise posted.

**Hanover Planning Board:** First Wednesday, 6 p.m.

**Newry Selectmen:** First and third Tuesdays of the month, 5 p.m., Town Office.

**Newry Planning Board:** First and third Wednesdays of the month, 7 p.m., Town Office.

**Woodstock Selectmen:** First and third Tuesdays, 5 p.m., Town Office.

**Woodstock Planning Board:** First and third Tuesdays, 7 p.m., Town Office.

**SAD 44 School Board:** Second Monday of the month, 6:30 p.m., Telstar High School (occasionally meet at other schools; call 824-2185 for info).

### ORGANIZATIONS

#### Andover

Mondays and Tuesdays, 4:30 p.m.-Andover Fitness Club, Andover Elementary School gym.

#### Bethel

First Sunday of month, 7 p.m. - Bethel Snow Twisters at 208 Walkers Mills Rd.

Third Sunday of each month, 9 a.m. - Breakfast open to the public at no charge at Bethel Church of the Nazarene.

First Wednesday, 6:30-8 p.m. - Lyme Disease Support & Edu-

cation Group at Beacon House Peer Center, 3 Canal St. Rumford. FMI: 357-1926 or 824-3076.

Third Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Telstar High School Library. FMI: 357-1926 or 824-3076.

Last Wednesday of the month, 4:30 to 6 p.m. - Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.

Thursdays, 10 to 11 a.m. - Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.

Second Thursday of the month, 10:30 a.m. to 12:30 p.m.; fourth Thursday, 10 a.m. to 2 p.m. - Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at the Alliance Church on Route 26 in Bethel. All quilts welcome. FMI: e-mail Pat McCartney at [p\\_quilts@yahoo.com](mailto:p_quilts@yahoo.com) or call 836-3575.

#### Woodstock

Second Saturday of month, 6 p.m. - Woodstock Historical Society meeting at the Museum.

#### West Paris

Caregiver Support Group; Second Tuesday of the month, 10 to 11:30 a.m., West Paris Town Office, 26 Kingsbury Street. This group is for anyone caring for a family member or friend with memory loss. New members may join at any time. Free and open to the public. FMI: SeniorsPlus (1-800-427-1241).

#### Norway/Paris/West Paris

Tuesdays 7:30 to 8:30 p.m.-West Paris Baptist Church group to foster wellness for anyone searching for faith based support. The group is intended for those facing the challenges of grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.

Third Wednesday of the month, Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m. at the Harp-er Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance

screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m. - Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: [buzz116@myfairpoint.net](mailto:buzz116@myfairpoint.net).

#### Hebron

Sundays 2:30 to 4:30 p.m. - Seasonal Public Skating, Robinson Arena, Hebron. Adults, \$3/Children 12 and under, \$2/ WinterKids Passport holders, free. FMI: 966-2100.

### Support services

#### SAFE Voices

Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24 hour hotline 1-800-559-2927

#### REACH

Rape Education and Crisis Hotline 1-800-871-7741. Sexual assault/sexual abuse hotline, same number. Support groups and awareness education, past or present victims of abuse.

#### AA Meetings/Addiction help

Bethel Freedom Group. Open Discussion Meeting, Saturdays at 4:30 in the Snow Cap Inn conference room, next to the fitness room. Sunday River, Seasonal, Thanksgiving through April 1. Big Book Meeting Sundays at 6 p.m. at the United Methodist Church, Main Street. 12 Step/Traditions Meeting Tuesdays at 6pm at the United Methodist Church, Main Street. Candlelight Discussion Meeting Fridays at 6 p.m. at Bethel United Methodist Church, Main Street.

People in recovery from alcohol/drug addiction may need to move to a Next Step group. Open to everyone who feels they may benefit from a change. FMI: Laurence Austin at 824-4077 (calls confidential)

#### Cancer Wellness

Support and Education for cancer patients, survivors and caregivers. Every Thursday, 1:30 to 3 p.m. Rumford Hospital, Room 857. (877) 336-7287. Call to confirm in stormy weather.

JUL

30

2015



# MollyOckett Essay Challenge winners

Times Are Changing for the Wabanaki and Other Native Americans

Ashley Savage grade 11, Telstar High School

By the middle of the 17th century, the traditional way of Indian life in the Abenaki region was undergoing drastic change. An attitude of friendly curiosity turned into distrust and hostility as the native population watched their numbers rapidly dwindle to virulent outbreaks introduced by Europeans. By becoming a medicine woman in the late 1770's, MollyOckett had used her special skills and vast knowledge of medicine to forge important and useful ties with the white newcomers and helped to heal her neighboring communities. MollyOckett had entered the world at a time when her people faced ongoing and violent frontier warfare. The list of historical trauma from MollyOckett's time is long a painful. In many tribes throughout Maine, "first contact with people from Europe caused sometimes as high as 85% of Indian people to die from smallpox, tuberculosis and other infectious diseases" (Transcending Historical Trauma). These diseases were later used as biological warfare to clear the area for foreign communities, plants, and animals from the Europeans. It was clear that these foreigners did not care who/what they dilapidated. Having these memories of Europeans violating their ancestors and family, Native Americans were impacted greatly, and not in a good way. The unfortunate effects of this history carried down from generation to generation are known as historical trauma. Since MollyOckett's day, there have been several attempts put in place for Native Americans to help them deal with this trauma of their childhood and memories. These healing programs are a step in the right direction for Native Americans to use to alleviate from the past.

After MollyOckett's time, native children were taken from their own tribes and homes by Europeans, sometimes without any warning. Years after, the situation still had not changed. Denise Altvater, a Passamaquoddy Native American, explains that "They showed up with big station wagons and they came in and took all our clothes in big garbage bags and put us in the station wagons and drove away &shy; they were state workers" (Wabanaki, State of Maine, Team up to Stop Abuse of Indian Foster Children).

Altvater was then thrown into foster care where she was repeatedly abused and tortured. In Maine, "Native children were removed from their homes and tribes almost 20 times more frequently than other children placed in foster care" (Wabanaki, State of Maine, Team up to Stop Abuse of Indian Foster Children).

After many years of this kind of unjust treatment, Maine began to take action, creating a Maine Wabanaki-State Child Welfare Truth and Reconciliation Process (TRC) that hopes to heal the past and create the best possible child&shy;welfare system for Wabanaki children.

The signing of the Declaration of Intent to create this process was certainly in favor of the Native Americans and has helped Altvater and many other suffering Native Americans take control of their childhood story.

Trying to improve conditions in Maine, Denise Altvater and Esther Attean, among other Wabanaki women, were in the Convening Group composed of individuals from Maine's Tribal Child Welfare programs and other human services groups.

They have become social&shy;justice activists for the Wabanaki people of Maine through the TRC. It hopes that the state and Mainers in general will be able to recognize their responsibility for past abuses and that native people can revive any practices of theirs that were forbidden from the past. With their tremendous amount of work, both Altvater and Attean have taken the lead in moving the truth and reconciliation process forward. During the past 15 years, as social&shy;justice activists for the Wabanaki people of Maine, they have brought together tribes, state workers and communities to confront injustices and promote healing among Mainers for Wabanaki tribes. Altvater's and Attean's work is just one way Native Americans are healing their communities closer to where they were before the Europeans took over their lives and memories.

Throughout the years after MollyOckett's time, many

thought that the Indian is born a "savage" - this is a misconception. Like all the rest of us they are all born a clean slate and deserve the same respect as any non-native person. The descendants of Native People continue today to suffer from historical trauma throughout many generations.

In creating a step by step process of healing, Maria Yellow Horse Brave Heart, widely considered as the mother of historical trauma, says that "First is confronting the historical trauma. Second is understanding the trauma. Third is releasing the pain of historical trauma. Fourth is transcending the trauma" (Transcending Historical Trauma).

Maria Yellow Horse Brave Heart created the Wisdom of the Elders, Inc. in Portland Oregon, which helps with the healing process for Native communities there. This process was used in Portland, Oregon to help Native American children in foster care. In Oregon, "Native American children are up to 26 times more likely to end up in foster care than white children in Multnomah County. Additional statistics show urban Native Americans in Portland, Ore. as low&shy;income, living in distressed neighborhoods, and in families headed by a single parent lacking the skills and education to participate fully in today's economy" (Transcending Historical Trauma).

Today, Portland's Native community is showing immense cultural buoyancy from the hard work of Maria Yellow Horse Brave Heart and her incredible step by step plan. Community leaders are now assertively tackling issues, addressing the impact of historical trauma on generations of Native families, and restoring traditional Native parenting practices. Wisdom of the Elders, Inc. has also created a web page where Native people can learn about historical trauma, its history, its effects, and most importantly, its treatment. The site includes teachings designed to help reconstruct respect and balance throughout all generations of Native families and communities. Wisdom of Elders, Inc. (WISDOM) has helped Native Americans for over two decades to heal their historical trauma.

Today's Native people have shown an enormous amount of resilience in the healing process. They show the possibility of breaking through the historical trauma, and getting past to a more enjoyable and cultural life filled with respect and balance.

Groups such as the Maine Wabanaki-State Child Welfare Truth and Reconciliation Commission, Maine-Wabanaki REACH, the Convening Group, Maine's Tribal Child Welfare Group, and the Wisdom of the Elders, Inc. have worked long and hard hours to help Native Americans relieve the horrid memories of their ancestors being violated by Europeans and white newcomers. Since MollyOckett's day, Native American conditions have changed for the better due to the increasing number of healing programs. MollyOckett's work with medicine and healing has transferred into today's society. Native Americans are now being looked at as valued people, and not "savages." They are now surviving their historical trauma, not reliving it. But there is more to do and we are all not there yet

Works Cited:  
"Wabanaki, State of Maine, Team Up to Stop Abuse of Indian Foster Children." Indian Country Today Media Network.com. N.p., n.d. Web. 11 May 2015.  
"International Center for Transitional Justice." Maine Truth Commission to Tell Story of Forced Assimilation of Wabanaki Children. N.p., n.d. Web. 12 May 2015.  
Stewart, Pat. MollyOckett. Rockport, MA: Twin Lights, 2003. Print.  
"Transcending Historical Trauma." Discovering Our Story RSS. N.p., n.d. Web. 12 May 2015.  
"PEERS: Peers Envisioning and Engaging in Recovery Services." Native American Tribal Communities Provide Hope for Overcoming Historical Trauma. N.p., n.d. Web. 12 May 2015.

## Changes in Wabanaki Treatment Since MollyOckett's Day

Austin Bear grade 11, Telstar High School  
Since white men have begun the exploration of the new world, they have been prejudiced against the peoples already living there. The explorers felt that the natives were beneath them, thinking they were like animals. The native people have suffered atrocities, been treated extremely cruelly, ranging from slavery, torture, and death. Even in Maine,



Austin Bear and Ashley Savage.

Submitted photo

the Wabanaki people have suffered, even having their children taken away. Slowly, conditions are changing, as new programs such as the Maine Wabanaki-State Child Welfare Truth and Reconciliation Commission have been started to help healing, and to support the Wabanaki to continue their culture and traditions. With the newer changes, conditions differ greatly for the Wabanaki and other Native Americans since MollyOckett's day.

Starting when Columbus "discovered" the Americas, the Natives Americans have been viewed as "savage" and less than human. They have been enslaved, and when that is not possible, they have been tortured and killed. While not always intentional, a large number of Indians died due to diseases, including smallpox, measles, cholera and bubonic plague. While the Europeans had immunity to the diseases due to being around domesticated animals, the Indians did not, because of their lack of proximity to goats, sheep, pigs, cows and other livestock. However, there were times that the Indians were poisoned. One such account was by Jeffrey Amherst, commander-in-chief of the British army at Fort Pitt. He gave orders to give the Indians blankets that had been infected by smallpox, "([S]erving) to extirpate this execrable race."

Other run-ins were meant to be violent. Starving colonists would attack the villages in attempts to gain food. An enormous toll was taken on the native population, between small battles, drawn out wars, and forced labor systems called encomiendas.

Colonists were paid for each Indian killed, males bringing 50 pounds a scalp, females 20, and children 20 pounds a scalp.

In 1830, the Federal Indian Removal Act brought on the "Trail of Tears", displacing 100,000 Indians from their homelands, when the Act caused the removal of what was considered the Five Civilized Tribes. These tribes included the Cherokee, Chickasaw, Choctaw, Creek and the Seminole. In 1848, the California Gold Rush had major implications on Native American culture. Gravel and toxins ruined farming ground for Indians, causing starvation. There have been advancements in the last century, but they have been very slow. While they first started to get better in the early 1900s, deeper research showed the conditions in the reservations. This led to policies that included health care, education and land care. This caused withdrawal planning, which was meant to relocate natives into the cities, and forcible removal of children from their families. In 1978, the Indian Child Welfare Act was passed, protecting children, and the custody of their parents (United to End Genocide).

While some of the contact See Essay, Page 13



# The Home Improvement Handbook

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# Puzzles4Kids

by Helene Hovanec

## WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO WHALES LIKE TO CHEW?

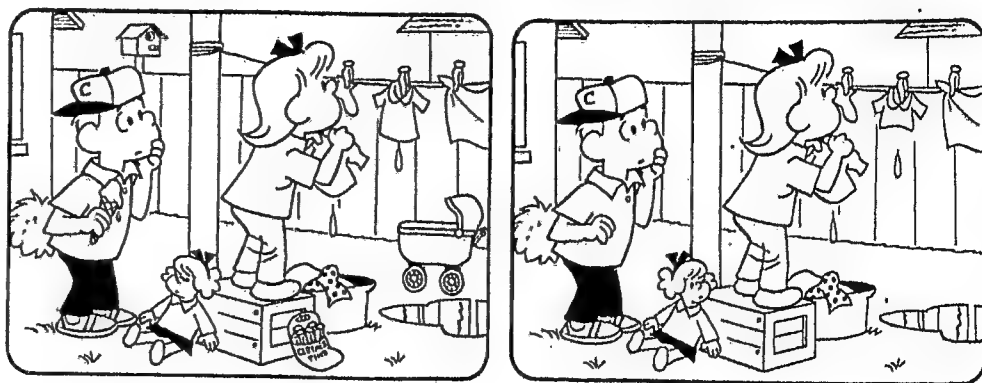
|        |     |       |        |     |       |
|--------|-----|-------|--------|-----|-------|
| BROWSE | ___ | SWORE | GRACES | ___ | SCARE |
| SWIVEL | ___ | VIEWS | GUARDS | ___ | DRAGS |
| OUSTED | ___ | DOTES | SMILER | ___ | RILES |
| FIBERS | ___ | FIRES |        |     |       |
| STABLE | ___ | TALES |        |     |       |
| UNSEAT | ___ | TUNAS |        |     |       |
| STRIDE | ___ | DIETS |        |     |       |

For more puzzle fun, go to [www.brainzzles.com](http://www.brainzzles.com)

## HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Birdhouse is missing. 2. Ice cream cone is missing. 3. Doll's head is turned. 4. Clothespin bag is missing. 5. Dress is smaller. 6. Carriage is missing.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: J equals O

HSAVD Z AJJL AKV BDZXN

IZTIVD BJLZV JFA JS AKV

SDZEIV, PJFYE CJF XHC ZA PHX

H BJYE XTHN?

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## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Shoot  
TROUPS  
Obvious  
TROVE  
Provide  
STEVIN  
Domain  
LAMER

TODAY'S WORD

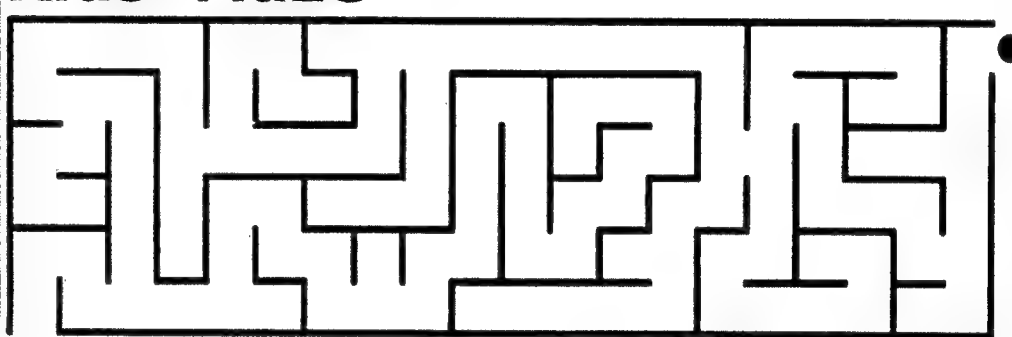


"Don't worry about the expense—we'll have him back on his feet and working before you know it."

## Super Crossword "AM I BLUE?"

ACROSS  
1 Freeway exit structure  
8 Seasoned veteran  
14 Spirits  
20 More vicious  
21 Meryl of film  
22 Lapse, as a subscription  
23 Thesaurus on one's desk, say  
25 Underwrite  
26 "Lean —" (1989 hit)  
27 Jeff Lynne's band, briefly  
28 Skirt  
30 Filmmaker  
31 "Birds —" feather —  
33 Acquire a winter coat?  
37 Pizza Hut alternative  
39 Item on many a dressing table  
43 Daze  
44 Tito of mambo  
45 Hotel Bible name  
48 Jamaican sectarian  
52 Actress lone  
53 They spin in PCs  
56 Rapacious  
59 For little cost  
63 Have the gumption  
64 Greek consonants  
65 Irritate  
69 American  
71 Pacify  
73 Worked over  
74 Eight of their names are featured in this puzzle  
76 Pub pastime  
77 Wage makers  
79 Abstract sculpture with no moving parts  
80 "Arno, amas, I love —"  
81 Ovid's 107  
82 Ovid's "Lo!"  
84 Madames of Madrid  
86 Pretty large portion  
89 Letters on a PC key  
90 Be beside  
94 Lauder of perfumery  
95 Volcano  
WSW of Tokyo  
99 Put in a box  
101 Not punctual  
104 Pasta-can  
107 Revolver in a pantry  
112 Made into an alloy  
113 Yokohama drama  
114 "Cantorial" writer Levin  
115 Counterpart to digital  
117 Rx writers  
119 Rocket org.  
122 Kind of tuna  
124 Eric Carle  
kids' book, with "The"  
129 One skilled with a sickle  
130 Actress  
Bynes  
131 5,280 feet  
132 "I do" locales  
133 Hold high  
134 Old West sheriff's badge  
DOWN  
1 Eight, to Juan  
2 Comical  
Drescher  
3 Extra cash to play with  
4 Give a new meaning to  
5 Khan who married Fila Hayworth  
6 Nothing more than  
7 Tourney starter  
8 Sugar suffix  
9 Bit of mail; Abbr.  
10 "Dr." who raps  
11 Composes the boards  
12 Summary  
13 "Orfeo," e.g.  
14 Give a smile  
15 Cause for a mistrial  
16 Clip — (some ties)  
17 WSW part  
18 City of Italy  
19 Blossom supporters  
24 Converging points  
29 Covert —  
32 J.D. holder  
34 Work unit  
35 Spoon-bending  
Geller  
36 Like two peas in a —  
38 How some court cases are won  
39 #2 execs  
40 Razor-billed bird  
41 "So gross!"  
42 Rule; Abbr.  
46 Have meals delivered  
47 Teacher's gp.  
49 Large desert  
50 Coils  
51 Weigh  
54 "Sprechen Sie —"  
55 Merit badge holder  
57 They clear the boards  
58 Opp. of withdrawal  
59 Surrender  
60 Gilt  
61 All at sea  
62 Native Anzonans  
65 Nativity scene  
66 Throws with force  
67 Not moored  
68 So as to be countable  
70 Pipette, e.g.  
72 Hi-tech appl. books  
75 Arctic mass  
78 — room (play area)  
83 Summa — laude  
85 — deuce  
87 Always-agreeing sort  
88 "Original or crispy" chain  
90 "MoMA" and "OPEC," e.g.  
91 Vice  
92 Profit from  
93 Driving peg  
96 300-3,000 MHz range  
97 — d'esprit (witty bit)  
98 Stipulations  
100 Bread eaten with vindaloo  
102 Some piano fixers  
103 That, in Peru  
105 "— guest!"  
106 Nonstandard stock buy  
107 Fall zodiac sign  
108 Sprite in "The Tempest"  
109 Big name in restaurant guides  
110 Pond slime  
111 Averages  
116 Faun, in part  
118 — Flush (bathroom brand)  
120 1973 Toni Morrison novel  
121 Ripening agent  
123 Ecol. monitor  
125 "A."  
126 B-F link  
127 Easter fare  
128 Vixen's lair

## Kids' Maze

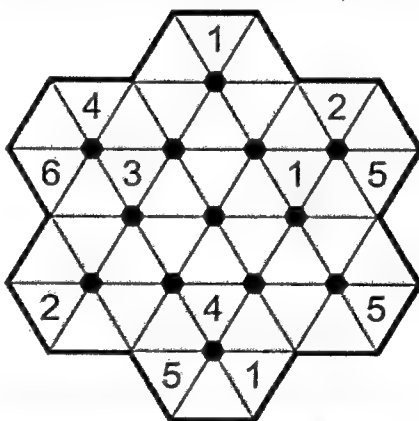


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## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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## Weekly SUDOKU

by Linda Thistle

|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
|   |   | 8 | 2 |   |   | 4 |
| 5 |   |   | 3 | 9 | 1 |   |
|   | 9 |   |   | 4 | 7 |   |
|   | 3 | 4 |   | 8 |   |   |
|   |   | 9 |   | 6 |   | 5 |
| 2 | 1 |   | 7 |   | 4 |   |
|   | 7 |   | 6 |   |   | 8 |
| 4 | 2 |   | 8 |   | 3 |   |
|   | 5 |   |   | 3 | 6 | 1 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging

★★★ HOO BOY!

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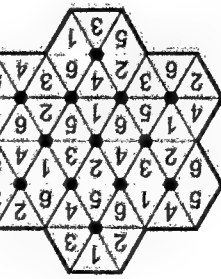
Kids' Maze Solution

Today's Word  
1. Sprout 2. Overt  
3. Invest 4. Realm  
After I took the crisp  
ginger cookie out of the  
fridge, would you say it was  
a cold snap?

CRYPTOQUIP

BROWSE  
SWORE  
NEWS  
DOTES  
RILES  
TALES  
TUNAS  
DIETS  
SCARE  
DRAGS  
GUARDS  
SMILER

Puzzles4Kids



SNOWFLAKES

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 8 | 6 | 7 | 4 | 2 | 2 | 6 | 1 |
| 9 | 2 | 6 | 1 | 9 | 3 | 8 | 5 | 7 |
| 1 | 7 | 3 | 6 | 2 | 4 | 9 | 8 |   |
| 2 | 5 | 1 | 9 | 7 | 6 | 4 | 4 | 3 |
| 8 | 4 | 9 | 2 | 3 | 6 | 7 | 1 | 5 |
| 6 | 3 | 7 | 4 | 5 | 1 | 8 | 2 | 9 |
| 5 | 6 | 2 | 1 | 8 | 4 | 7 | 6 |   |
| 8 | 4 | 3 | 8 | 7 | 1 | 8 | 2 |   |
| 7 | 1 | 8 | 6 | 2 | 5 | 9 | 4 |   |

Weekly SUDOKU

ANSWERS:



## Essay Continued from page 11

from the Europeans and Wabanaki people was peaceful trading, the Europeans considered the Indians to be savage, and uncivilized. Diseases wreaked havoc upon the people, and the white men stole from and captured the Wabanaki people. During both the French and Indian war, and the American Revolution, the Wabanaki fought to protect their own lands, being in the middle of the warring French and British. Starting in 1744, The English posted bounties upon them scalps of the Wabanaki people. In 1879, the term was coined, "Kill the Indian, save the man". Children were forcibly taken from their homes, trying to remove the Wabanaki culture, and turn them into an American (Wabanaki Timeline).

When they were taken away from their homes, the children were sent away to boarding schools. While there, they were regularly beaten and raped, sometimes murdered. They were prohibited of their Native cultural traditions, causing embarrassment, and loss of cultural identity. The abuse of the children escalated into abuse of all Native Americans, even the imprisonment and murder of spiritual leaders. Relocation led to living in poverty in cities, and many health problems including alcoholism (Transcending historical traumas).

While struggling, Maine slowly recognized more and more rights of the Wabanaki. The Indians received the right to vote in state elections in 1967, being the last state to do so. In 1975, the Wabanaki won recognition for a land claim, one of the most complex litigations ever brought before the US

courts. (International Center for Transitional Justice). In 1999, Wabanaki leaders met with state agencies to help enforce the 1978 federal Indian Child Welfare Act. Not only setting a higher standard for protection, it laid the foundation of the Truth and Reconciliation Commission (Bangor Daily News).

In 2011, Governor Paul LePage of Maine, by signing the Declaration of Intent, helped begin establishment of the Maine Wabanaki-State Child Welfare Truth and Reconciliation Commission (TRC). The commissioners of the TRC are both indigenous and non-indigenous, and all have different professional backgrounds. Rather than working with archives and books, this commission works with the memory of people, and depends upon the experiences of people. It is meant to help the Wabanaki people heal from past abuse, as well as help Maine realize their responsibility for past practices (International Center for Transitional Justice). One distinct part is that there is no blame, just making sure it will not happen again. The TRC has three main purposes, including creating understanding about what is happening to Wabanaki children through the welfare system, and acting on gained information to be able to better support the children, and promote healing to those who have suffered abuse (University of Southern Maine).

There have been many changes since Molly Ockett's time, succeeding in helping to improve conditions on treatment, and child welfare. While slow, the truth and reconciliation

commission has helped the Wabanaki people a great deal. Wabanaki people suffered from having their land taken from them in a white man's war, they suffered disease, and they suffered the loss of their children. These children suffered abuse, torture, and death. Finally conditions are getting better. While the Wabanaki people were cruelly treated, this treatment was not limited to the Northeast, rather, it was to all Native Americans, who suffered enslavement, torture and death. Slowly rising from the level of a "savage," the Wabanaki are slowly breaking free of a prejudice that is centuries old.

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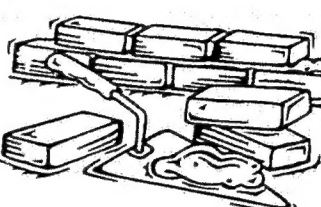
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BETHEL: 4 BEDROOM 2 BATH, Jacuzzi, dishwasher, washer/dryer, loft, cathedral ceilings, 2 decks, 2 car garage w/power door opener. 603-552-3295, 603-247-2081 cell.

Bryant Pond: Nice spacious 1 bedroom apartment, furnished or unfurnished, coin laundry, no pets, no smoking, \$600/month includes utilities & trash removal 665-2265.

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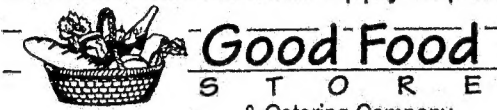
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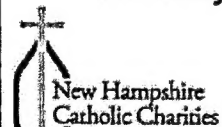
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If interested, please apply online or forward resume to:

Human Resources Department  
ANDROSCOGGIN VALLEY HOSPITAL  
59 Page Hill Road, Bethel, NH 03570  
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This Ol'Yella dog loves to play and run around with his two legged human friends and his four legged dog friends. Whether he is out in the play yard or on leash talking a walk, he's content to be with someone.

Buddy is a happy dog that would be a great addition to any family. He would always be a faithful companion and a cherished family member.



Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs; and the holding area for stray dogs for 12 towns in Oxford County. Anyone interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tues, Wed, Thurs: 12-4 pm; Fri: 12-6pm; Sat & Sun: 12-5pm. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com. For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

### Pet of the Week is Proudly Sponsored By BETHEL ANIMAL HOSPITAL



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### \*\*\*Public Notice\*\*\*

The Bethel Board of Appeals

Appeal of a Code Enforcement Officer Sign  
Ordinance Decision

Appellant: Bingham Forest Authority;  
Brent Angevine, Trustee  
Map 17, Lot 5

The Bethel Board of Appeals will meet on  
Thursday, August 6, 2015 at 5:30 pm in the Town  
Office meeting room to hear the appeal of the Code  
Enforcement Officer decision regarding the sign  
application of the Bingham Forest Authority.

The meeting is open to the public. All application  
materials are on file in the Bethel Town Office.

7:30 AM Tuesdays  
at The Bethel Inn  
on the  
Common, Bethel  
www.bethelrotary.org

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MLS 1212151 Stow. 41 acres. Picturesque setting w/ breathtaking views of Bald Face Mtn. Private 3 BR full dormered cape, horse barn, riding ring, fenced in pasture. Open concept eat in kitchen, breeze way, deck, attached 2-car garage. Perfect for the equestrian or anyone who loves viewing the White Mountains from their back yard every day. One of a kind spot. \$349,900



MLS 1224193 Summer. Tuel Hill Farm. First time over on the market. Seventh generation home offering 200+ acre property for sale. Wooded land has been selectively cut in 2013. Woods mature and very crisp animals. Some higher ridge offer potential views to the west. Original ca. 1830 farmhouse, shed and Post & Beam barn w/ 12 stalls situated beautifully against the backdrop of Black Mountain. \$499,000



MLS 1221460 Waterford. Immaculate home w/ picturesque yard and mill pond. Long frontage on Crooked Rive. Garage w/3 overhead doors. Brand new propane boiler, 1st floor master w/office, kitchen w/upscale Heartland gas range. Greenhouse, workshop, generator ready. 6.8 ac. \$224,900



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floors. 2 fireplaces 2 1/2  
baths. 4 car garage. Barn  
w/3 horse stalls + storage.  
Fruit trees, grape vines,  
lots of gardens. Small farm  
pond plus a pole barn. New  
paved driveway. Must see to  
appreciate.

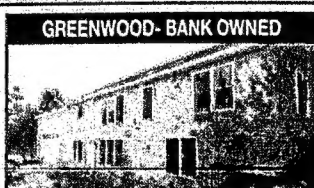


Louise Horne, Broker  
207-369-0100 ext 102  
207-557-5555 Cell  
152 River Rd, Mexico Me 04257

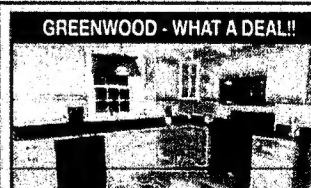
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nice floor plan, motivated seller!  
Come take a look!  
MLS #1148584 REDUCED \$149,000



GREENWOOD - BANK OWNED  
5.48 Acres built in 2006 large basement  
room to expand, beautiful kitchen, open  
floor plan, master bedroom w/bath,  
walk in closet.  
MLS #1216869 ONLY \$165,900



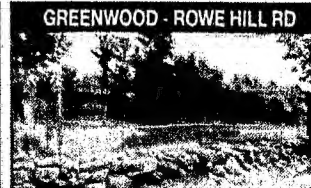
GREENWOOD - WHAT A DEAL!!  
3 bedroom, 3 bath home, great ski house,  
year round fun! 20x40 in ground pool, 5 min.  
to Mt. Abram Ski Resort- see lights from back  
deck in winter! Beautiful kitchen a must see.  
MLS #1211585 \$138,000



BETHEL - GORGEOUS HOME  
Come take a look! Updated home, 3  
bedroom, 2.5 baths, fenced in large back  
yard, large deck fire pit, cathedral ceiling  
in living room, dining room, kitchen  
attached 2 car garage. A must see!!  
MLS #1211585 \$248,000



WEST PARIS - GORGEOUS VIEW!!  
Spectacular setting - 3 bedrooms, 2.5  
baths, out door wood boiler to heat,  
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min. to Sunday River Ski & Golf Resort.  
MLS #121113 ONLY \$269,000



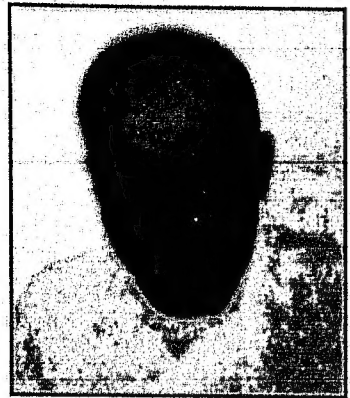
GREENWOOD - ROWE HILL RD  
10 Gorgeous acres, new septic, drilled  
well, tennis court, bordered by stone  
walls, seller will subdivide, or buy build  
and subdivide yourself! Close to lake.  
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BETHEL - BAILEY ROAD  
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& Golf Resort and downtown restaurants and shopping!!  
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# Obituaries



**DONALD J. PROVENCHER**

Donald J. "Donnie" Provencher, 70, of Gorham, N.H., passed away on July 20, 2015 at his home suddenly. He was born in Berlin on June 25, 1945 the son of the late Alfred D. and Lilian M. (Dubie) Provencher and was a lifelong resident of Gorham. He graduated from Gorham High School, was the caretaker of the Gorham Historical Society for many years, was active in the Fourth of July Committee and was instrumental in developing the Train Museum. He was a member of the Gilead Historical Society, the B&M Railroad Historical Society, the Mystic Val-

ley Railroad Society, the 470 Club, the Gorham Economic Development Committee, the New Hampshire Railroad Revitalization Association, the Mass Bay Railroad Enthusiasts and was the Transportation Coordinator for Ray Burton. Donald was also a member of Holy Family Church, the Fur, Feather & Fin Club, was instrumental in bringing Operation Life Saver to New Hampshire in 1983, was an auxiliary police officer for the Gorham and Whitefield Police Departments and was an avid train buff. He had been employed at Converse Rubber Company prior to dispatching for the New Hampshire State Police Troop F for 20 years and the Gorham Police Department. To quote Bobby Chapman, "The town of Gorham has suffered a huge loss, as well as the railroad community."

Family includes his sisters Linda A. Blanchette and husband Donald of Weare, N.H. and North Port, Fla., Lisa M. Sankiw and husband John of Gorham, N.H. and Lauralee Lamontagne and husband Jeffrey of Manchester, N.H.; nieces and nephews Alex, Taylor and Adam Lamontagne and Noah and Aman-

da Sankiw; an aunt Agnes Brault of Gorham and cousins. He was predeceased by a sister Laurie Ann Provencher.

Funeral Services will be held on Friday Aug. 7, 2015 at 1 p.m. at the Bryant Funeral Home, 1 Promenade Street, Gorham. Relatives and friends may call at the funeral home on Friday from 11 a.m. to 1 p.m., prior to the service. In lieu of flowers, memorial donations may be made to: The Don Provencher Memorial Fund, Northway Bank, P.O. Box 9, Berlin, N.H. 03570. Online guestbook at [www.bryantfuneralhome.net](http://www.bryantfuneralhome.net).



**ROBERT D. HADDOCK**

Robert Douglas Haddock, 68, of Bethel, died in Norway on July 20, 2015. Born Aug. 4, 1946 in New Rochelle, NY, Bob graduated from Ridgefield High School (Conn.) in 1964; studied psychology at St. Bonaventure University in Olean, N.Y. (ranking fourth in a class out of 405); graduated in 1969 from the University of Connecticut, with a B.A. in English. As a journalist, he was a report-

er at the News-Times (Danbury, Conn.) and the Times (Hartford, Conn.). He pursued a career as a freelance writer, ghostwriter and editor. Eventually, he owned and operated Apperidge Company, a wholesale distributor for many years. It was in 1985 that he moved his business and settled in West Bethel. A client wrote of Bob: "It has certainly been one of the truly good experiences I have had in the last 7 years to be dealing with you. I appreciate your utmost patience and trust."

Bob followed politics, music, religion and literature. He delighted in analyzing and identifying Wall Street opportunities. He enjoyed the outdoors with his golden retriever, Red (a stray he had rescued); canoeing; fishing; and, driving his vintage white Cadillac. Independent and intelligent, kind and humorous, Bob loved and amused his late parents Esther and Doug, and his brother Doug and sister-in-law, Lorraine, of Torrington, Conn.

We are grateful to God for the life he gave Bob, and for the peaceful death he was granted July 20. We are thankful for the care and concern provided by Ledgeview Living Center staff. We appreciate the many kindnesses shown by the doctors and nurses at Stephens Memorial Hospital; the Chaplain services provided by Fred Jordan, M.D.; the guidance of social worker Robin Green; and, for last rites given by Reverend Innocent Ozoki, of

St. Catherine of Sienna, Roman Catholic Church, Norway. Online condolences may be shared with his family at [www.chandlerfunerals.com](http://www.chandlerfunerals.com).

Family and friends may attend visitation on Thursday, July 30 from 2 to 4 p.m. at Chandler Funeral Homes & Cremation Service, Greenleaf Chapel, 37 Vernon Street, Bethel. Interment will be at Grace Memorial Gardens in Hudson, Fla. at a later date.



**FRANK MACDONALD**

Frank (Frankie) Mark MacDonald, 78, died July 22, at Rumford Community Home. He was born in Rumford on Oct. 15, 1936, the son of James C. and Gladys H. MacDonald. He graduated from Stephens High School in 1954 and enlisted in the US Navy.

Frankie worked out of the area in construction for a number of years. Upon returning to Rumford, he lived with his brother, Jim. Thanks to many friends he met over the years, he spent winters in Florida or Hawaii.

He resided with his niece, Vicky Hughes and her husband, Kevin, of Andover prior to admission to the Rumford Community Home and was especially close to them as well as other nieces, Tawn MacDonald and Lisa McPhee. He was close to his many nieces and nephews and enjoyed many family

outings.

Survivors include his sisters, Rosabelle Tift, Bethel; Sally Brown, Mexico; and Gladys (Toto) McDonald and her husband, Daniel Sr., Rumford; nieces Vicky Hughes and her husband, Kevin, Andover; Tawn MacDonald, Lewiston; Lisa McPhee and her husband, Wayne, Rumford; Diane Austin and her husband, Preston, Mexico; Debra Melanson and her husband, Albert, Woolwich; Cynthia Aiken, Yarmouth; Cindy Gammon and her husband, Bear, Andover; and Sandee Gordon and her husband, Glenn, Mexico; Peggy MacDonald, New Hampshire; nephews Doug Brown and his wife, Debra, Peru; Danny Brown, Mexico; Clifford MacDonald and his wife, Renee, Dixfield; Daniel McDonald, Jr., and his wife, Jessica, Rumford; Kevin McDonald and his wife, Becky, Rumford; Frank McDonald and his wife, Doreen, Leominster, Mass.; Timothy McDonald and his wife, Julie, Eagle River, Alaska; Bob Tift and his wife, Sue, Buckfield; John Beardley, Rumford, and a number of grand nieces and nephews.

He was predeceased by his parents, James C. MacDonald and Gladys; brothers Jim, John and Raymond; sisters Victoria Conley, Catherine MacDonald and Margaret Goggin; and great Uncle Frank Singer.

A Mass of Christian burial will be celebrated at St. Athanasius St. John's Church, Rumford, on Saturday, Aug. 1 at 10 a.m. Burial will be at St. John's Cemetery. The family wishes to thank the staff at the Rumford Community Home for their kindness and care of Frankie over the past four years.

Condolences may be expressed at [funeralalternatives.net](http://funeralalternatives.net).

## Veterans' golf tournament, Aug. 22

Western Maine Veterans' Advisory Committee, (WMVAC) continues to prepare for the 5th annual golf tournament to be held on Saturday, Aug. 22, 2015, at Fairlawn Golf Course in Poland. The golf tournament is sponsored by WMVAC in order to raise funds for the activities program at the Maine Veterans' Home in South Paris.

During the tournament, a winning ticket will be drawn to receive a brand new John Deere Riding Lawn Mower. Tickets are currently on sale at the Maine Veterans' Home located at 477 High Street in South Paris. Tickets are \$5 each or six for \$25. Tickets may be purchased through the mail by sending a check to Joe Cooney, Chairman, 477 High Street, South Paris, Maine 04281. There will only be 800 tickets sold.

There are limited slots left to sign up for the golf tournament, but more information can be obtained by calling Ron Snow at 744-9156.

For more information about Maine Veterans' Home, call 743-6300 or visit us at our website at [www.mainevets.org](http://www.mainevets.org).

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Get your student's mind primed and ready to begin the school year with joy and excitement.  
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You know there's some Fred or Ginger in you!



Let it out...  
at the ALBANY TOWN HOUSE DANCE

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SATURDAY, AUGUST 8  
from 7:30-9:30

Music by the  
Shadagee Ramblers  
Tickets \$5 Doors open at 7  
FMI call 824-2216



VACATION BIBLE ADVENTURE

BETHEL ALLIANCE CHURCH  
(ACROSS FROM TELSTAR PARKING LOT)

AUGUST 3<sup>rd</sup> - 7<sup>th</sup>  
6:00 P.M. - 8:30 P.M.

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3 Day Meat Sale

July 31<sup>st</sup>, Aug 1<sup>st</sup>, 2<sup>nd</sup>

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|---|---------|-----------|
| USDA Inspected Family Pack Chicken Drumsticks                 | \$6.7   | Per Pound |
| Country Fresh Bone-In Country Style Pork Ribs                 | \$1.47  | Per Pound |
| USDA Inspected Family Pack Bnls Chicken Breast                | \$1.77  | Per Pound |
| USDA Inspected Family Pack Boneless Strip Steak               | \$5.97  | Per Pound |
| USDA Inspected Family Pack Fresh Bone-In Chicken Leg Quarters | \$6.7   | Per Pound |
| USDA Inspected Family Pack Fresh Boneless Chicken Thighs      | \$1.67  | Per Pound |
| USDA Inspected Family Pack Fresh Boneless Chicken Tenders     | \$2.47  | Per Pound |
| Country Fresh Family Pack Pork Butt Steaks Or Roast           | \$1.47  | Per Pound |
| Country Fresh Bone-In Assorted Pork Chops                     | \$1.57  | Per Pound |
| Country Fresh Family Pack Bone-In Center Cut Pork Chops       | \$1.97  | Per Pound |
| Country Fresh Family Pack Boneless Pork Spare ribs Or Chops   | \$1.97  | Per Pound |
| Country Fresh Baby Back Pork Ribs                             | \$2.97  | Per Pound |
| USDA Inspected Family Pack Storemade Ground Chuck             | \$3.97  | Per Pound |
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| USDA Inspected Choice Boneless Family Pack Tip Steak          | \$3.97  | Per Pound |
| USDA Inspected Choice Boneless Family Pack Top Blade Steak    | \$3.97  | Per Pound |
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| USDA Inspected 10Lb Box Bacon                                 | \$17.97 | Per Box   |
| USDA Inspected Bone-In Beef Ribs                              | \$2.77  | Per Pound |
| USDA Inspected Boneless Family Pack Rib Eye Steak             | \$6.97  | Per Pound |
| Country Fresh Prima Porta Sausage                             | \$2.17  | Per Pound |
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## GREENWOOD FIREMANS ASSOCIATION

We would like to let our family, friend's and summer residents know we will be having our fish fry's on the following day's this summer

August 14 & 28 • September 11 & 25

All will be 3PM to 7PM at the fire station  
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Ages 3 and up • NO EXPERIENCE NECESSARY

Ballet • Pointe • Tap • Jazz • Hip Hop

Clogging • Acro • Lyrical

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Register in person on one of these days and enter a FREE drawing to win a FREE SEASON of Dance!

Classes begin September 8

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